



# The Future of Wellbeing and Technology

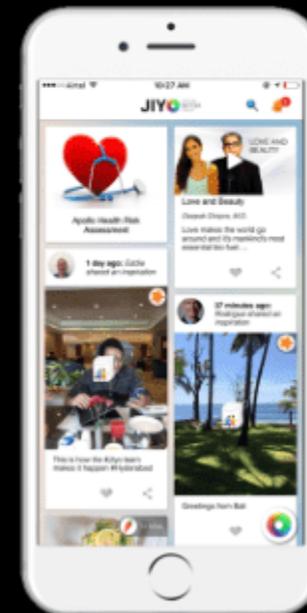
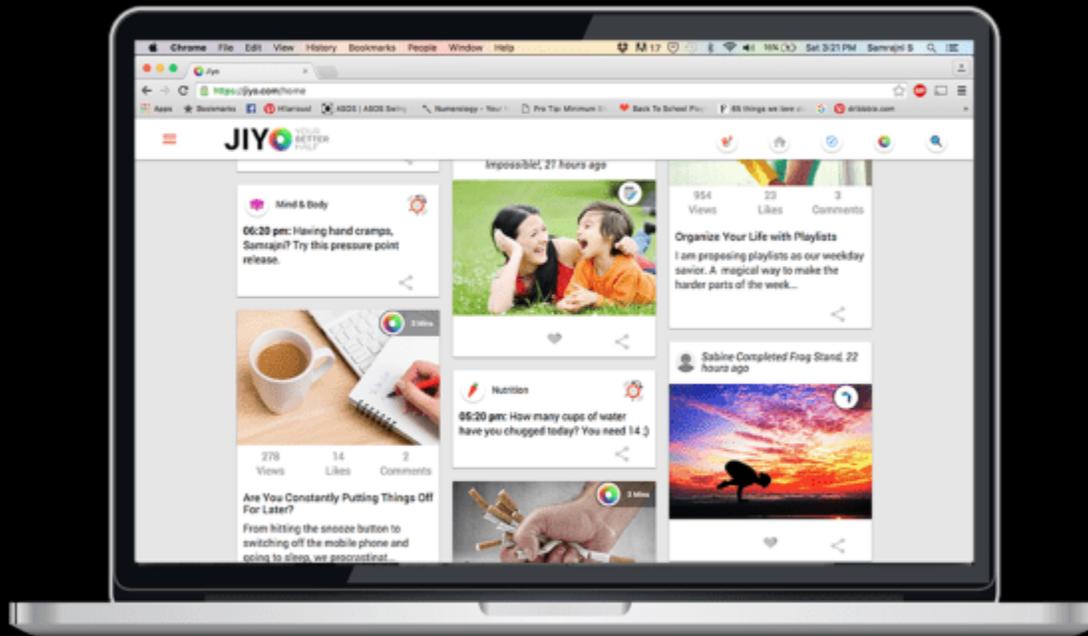
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## The Future of Wellbeing & Technology (JIYO.COM)

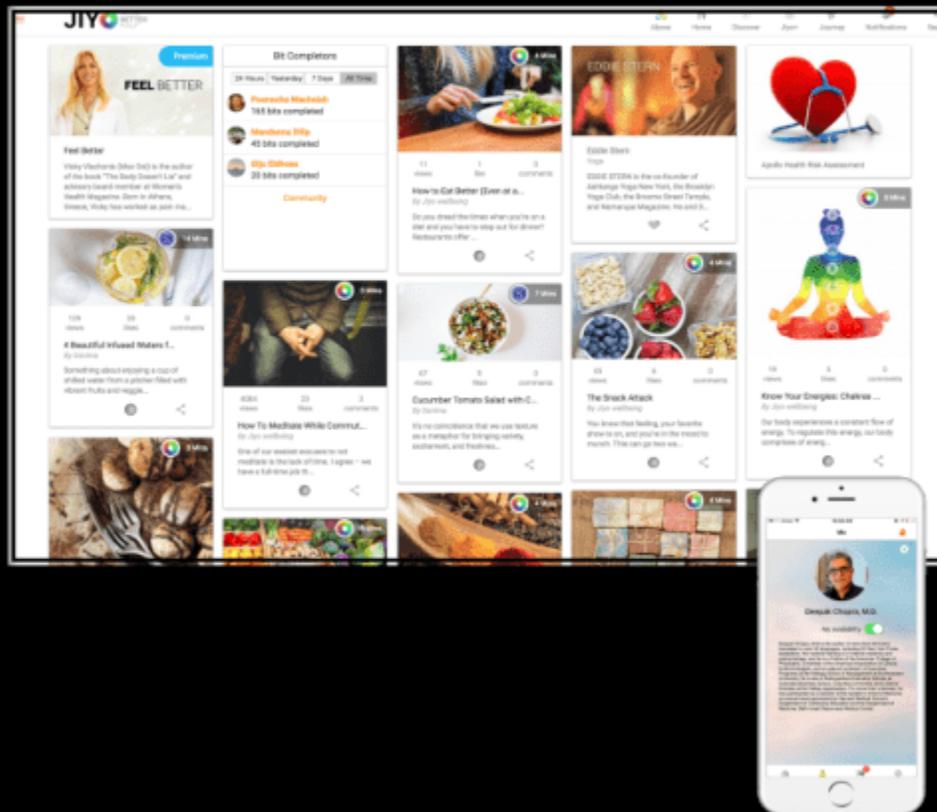
- Tracking Movement, Breathing, HRV, GSR, Sleep, Emotions
- Facial micro expressions/micro circulation, mimetic muscle
- Heart and Brain bio-regulation (Heartmath, ChooseMUSE.com, SenseLabs)
- Brain Entrainment (deepakchopradreamweaver.com)
- Virtual Reality (Finding Your True Self: wevr.com)
- Immersive, Interactive communities via Augmented Reality & Hologram technology ( ARHTMedia)

## The Future of Wellbeing & Technology (JIYO.COM)

- Interpersonal Neurobiology and its implications
- Wellbeing Index & Real-time assessment via industry standard scales (Jiyo HRA, Perceived Stress Scale, Maslach Burnout Inventory, Gallup Strength Finder)
- Smart and connected homes, communities & cities (Aspen City of Wellbeing Initiative)
- Health sensors & embedded devices that will be seamlessly integrated i.e. clothing, patches, skin, dissolvable

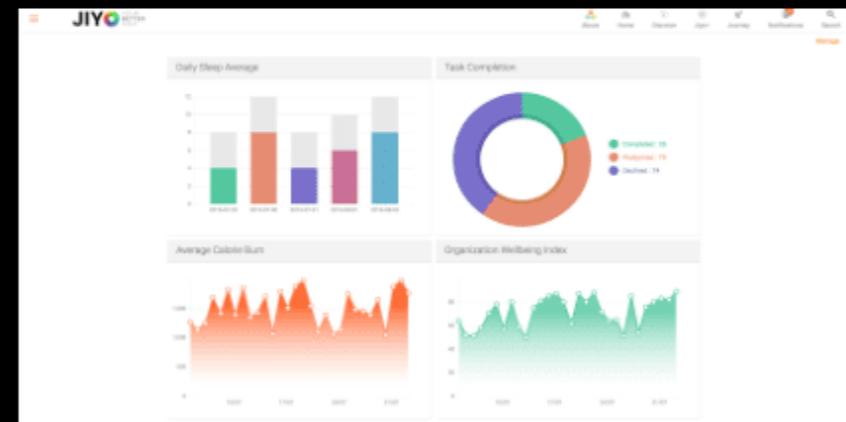


# JIYO – Corporate & Community Wellbeing



The screenshot shows the JIYO web dashboard with a 'Manage Users' table. The table lists user details including email, invite status, invite date, user role, user type, status, and action.

| Invite Status | Invite Date         | User Role | User Type | Status | Action |
|---------------|---------------------|-----------|-----------|--------|--------|
| ACCEPTED      | 2019-07-08 08:30:24 | ADMIN     | MEMBER    | ACTIVE | Remove |
| ACCEPTED      | 2019-07-08 08:30:18 | ADMIN     | MEMBER    | ACTIVE | Remove |
| ACCEPTED      | 2019-07-08 14:36:52 | ADMIN     | MEMBER    | ACTIVE | Remove |
| ACCEPTED      | 2019-07-08 14:36:52 | ADMIN     | MEMBER    | ACTIVE | Remove |
| ACCEPTED      | 2019-07-08 14:36:52 | ADMIN     | MEMBER    | ACTIVE | Remove |



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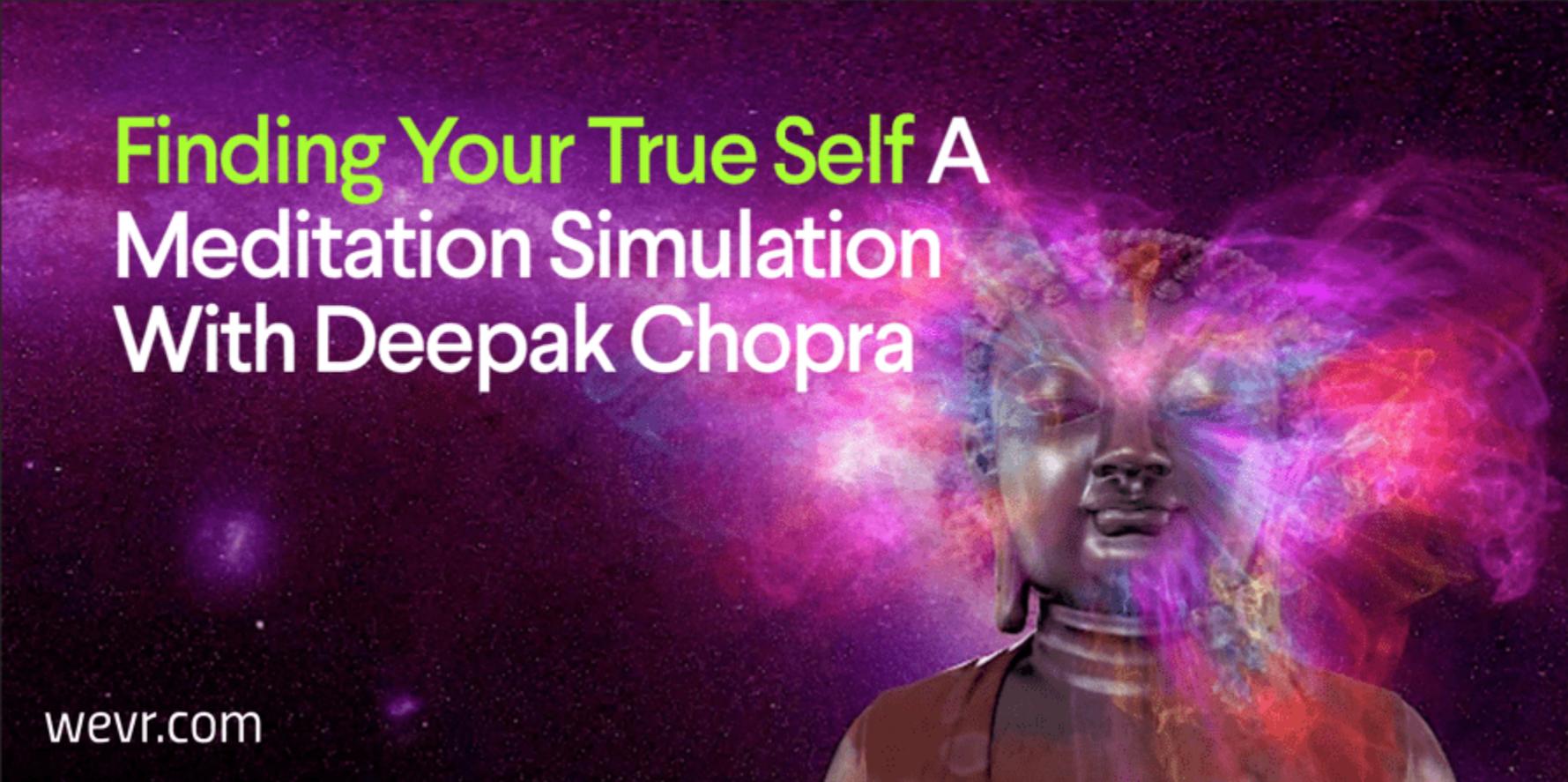
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