

Platform: iMessage Timezone: UTC+0000



2017/11/12

[Redacted]

As BG requested I put together plan and slides. Got senior leadership at McKinsey (the ones he likes) to help me put slides together.

Basically

1800s blood transplant for cellular oxygenation

1900s bone marrow transplant for cellular immunity

2000s mitochondrial transplant for cellular bioenergetics

09:07:19 pm

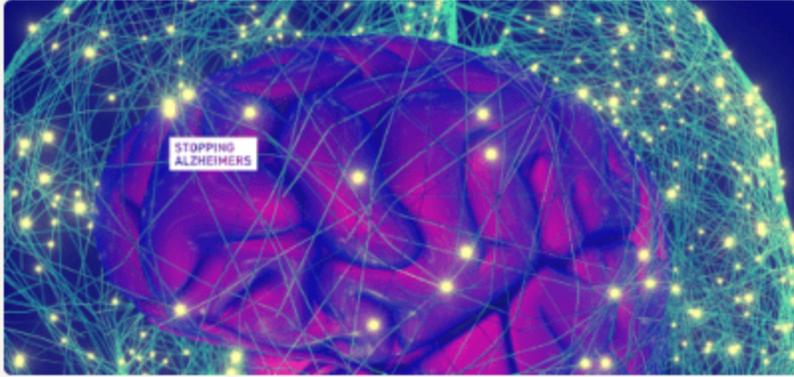


2017/11/13

[Redacted]

<https://www.gatesnotes.com/>





04:27:17 pm

Yay / Paul Allen's CEO on Nov 22

07:57:53 pm

2017/11/14

Other stuff:

1. Did sultan Sulayman get in touch w Shai Efrati?

2. Any thoughts on ideas for Paul Allen? I know hes not hiring now but he does love good ideas. His CEO is really good too. Paul wants science ideas / I've got a lot - but he also wants to know about ways to turn science into money.

3. Not sure he'd be interested in a DAF bc he doesn't usually do partnerships or rally other donors (he's super shy!) but maybe?

Anyway - he's very smart and looking to do very good things.

03:58:15 pm

plant biology. - words as pharmaceuticals.

04:24:00 pm

Ok am making my list

Yes on plants but words as pharma is cool. Isn't that just religion?

Any thoughts on money stuff? He's worried his philanthropy is growing out of check. Too much staff etc. he sees BillG and the Foundation now at 1500+ employees. I was employee 28. Crazy growth.

04:43:26 pm

yes, philanthropic impact and crypto . currency to track payments

04:44:20 pm

What the heck is that

04:47:22 pm

im in a meeting can do later

04:47:43 pm

Paul has been hearing that EPIC needs help (medical records) and that he could do

I jist think that's a swamp

04:47:51 pm

It's now a private equity company - not an interesting operating system play

Medical records seems like a painful trap in my view (having to deal w then every day!)

04:48:29 pm

Ok later

04:48:38 pm

2017/11/15

philanthropy , not useful, distinction between charity , and venture investing for the public good

12:50:33 am

plants mushrooms . data base

12:51:01 am

with human health.

12:51:10 am

why can we control our breath but not our immune system or digestive system. seems odd

12:52:32 am

oo

Autonomic nervous system

12:54:31 am

And you can't really control your breath

It is impossible to stop breathing

12:54:45 am

You can control raw

12:54:53 am

Rate

12:54:56 am

oo

you can modulate more than other systems

12:55:18 am

oo

Sorta

01:16:50 am

You have more control
Of inputs

Like eating sugar messes w EVERYTHING

01:17:09 am

Haven't heard back but I do know BG is in Dubai getting an award and then goes to india

Supposedly an intense few days and not back till weekend

So he may not read anything from me till then

03:02:39 pm

Q: why don't elephants get cancer?

A: 42 copies of p53 per cell

08:33:31 pm

ok

09:31:44 pm

2017/11/17

Nothing from BG

I sent an email saying did you get my note and no response

01:54:20 am

Steve was with some reporters this past week and they were telling him BG has become a strange behavior guy and is always drunk.

Sad

01:54:57 am

[REDACTED]

You have done tough decision s to make

02:12:23 am

oo

[REDACTED]

Not sure what they are and how to even think about it

He may never reply

I know we have discussed how you believe and have seen him respect people more when they fight back

Worried about his wife and also larry

Not sure what to do

Statute of limitations in state of Washington - don't know

02:38:03 am

Let's talk weekend

I feel like I'm in a good and safe and credible place

I don't want him to ruin the future I have worked very hard for - mostly on his behalf

02:44:48 am

I'm very scared and hesitant to do anything to upset him
He seems bigger than police and justice systems etc

02:45:36 am

oo

[REDACTED]

Ok

02:49:03 am

oo

2017/11/19

[REDACTED]

Sounds like bogey man

08:42:12 am

oo

Sounds like but mostly just vindictive

Wife worse
Larry horrible

06:40:17 pm

I assume you have your own reasons . steve? reputation .? but after world bank , and being fired from foundation. your future reputation is in your hands. I will help all I can , but if you prefer to just slink off its your life

06:44:04 pm

Lord knows what is holding me back other than fear. Just having lived through years with them. World Bank re-election of Jim had nothing to do with me. Did nothing wrong and wasn't accused of wrong. Gossip surrounding politics isn't new and I'm not first person or last caught in cross fire. I understand the nature of politics. The foundation was a 16 year run. I left before I left work at Bank and they were very kind and generous. I was not fired. We looked at roles I could do and none of them seemed like useful or fun. Philanthropy just not for me, at least in the way it grew. My record there is strong.

06:48:23 pm

I have always maintained my medical skills to allow me to have a place to be and participate. I dont think it is slinking away and actually I enjoy it quite a lot. I would like to do more in science and feel like i sort of got bait and switched by joining philanthropy. The initial idea was to grow and scale new ideas and yes i did ru that team but the new ideas weren't science (health isn't medicine...or tech) as I was promised but more broadly about other things in development. But that's ok I learned a lot and had a great time. It just wasn't what I thought or hoped. But I dont want to fall into that trap again. My skills and interests aren't in poverty or development. And I dont enjoy politics. They never have happy endings for anyone.

06:51:48 pm

If I go on the offensive for being attacked and mistreated by b then my life goes off track again. For zero upside other revenge.

The legal system may provide justice for me but the exposure will be gross. Can't do anonymously and it just feels gross to me.

06:53:05 pm

yes to all , but you must find next quickly, its like surfing. wave to wave
, otherwise planted on th beach 😊

06:53:25 pm

o c

Can't really do behind closed doors because it seems illegal. Like textbook extortion to say I was wronged please make it right. Temporarily he might give me like 50,000 or some small contract or something silly but behind closed doors larry and his wife will then start bashing me from every direction. That doesn't feel like a win at all. So yes i feel stuck.

06:54:34 pm

There is no upside other than knowing i was right. Yes. I have a "blue dress" emails and a few other embarrassing things and yes the stories are so eerily similar to all in media that he sounds weinsteinlike. I cant be the only one.

But next for me is more important than last. It is difficult to conceptualize where I would fit. Not politics. Not corporate. Yes science.

I feel like I have two years of runway. First as an endovascular doc but second as a rockefeller fellow.

06:57:24 pm

I feel like there are some really good ideas to change the way we live. I want to think about those and make those happen. They start with a solid base in science. So, that direction is where I'd like to be.

I meet w Paul Allen's CEO Wednesday. Then his science team in 2 weeks. That might be a step in the right direction.

But as you know I'm just hesitant to kick the hornets nest w b. If there were a quiet and non vengeful way to proceed with making his meanness right then I would consider. I guess I could always auction his body fluids on eBay.

07:00:44 pm

The one thing i would like to try to ensure is that Larry doesn't spend all of his time trashing me like he does Boris.

07:08:04 pm

oo

Am open to suggestions and ideas for "next" even if they are conceptual. Am also to open ideas about to have a happy ending or at least a real and fair ending w b.

07:09:26 pm

its up to you. he won't help unless you ask in a strong way, larry will trash you either way, boris never does to my knowledge

11:07:56 pm

oo

✓ Sent

I would like to ask in a strong way. One where I am in a position of strength and not as victim.

Boris is a true friend to me and always helpful - just like you are and have been. I'm grateful for you both. Meant that Larry trashes Boris. And me. And everyone.

11:10:55 pm

Email feels like the wrong way. He hasn't responded and Larry hasn't either.

11:11:21 pm

Haven't heard from him since mid October but in years past sometimes he goes a few months without being touch. I've never really asked him for anything so I'm not sure what to expect in terms of response time - but when we last met and larry was there he asked me to put together the Story and plan and price etc and I did. I know he's busy and traveling right now but also coming up on thanksgiving.

If you have advice please let me know. Otherwise I feel like I have been playing by the rules and doing what he asked and also what is agreed w Larry.

11:15:08 pm

oo

✓ Read