

**Subject:** Re: AN OLDER MAN  
**From:** "Gmax" <gmax1@ellmax.com>  
**Sent:** Sunday, May 29, 2011 2:15:18 PM  
**To:** "Jeffrey Epstein" <jeevacation@gmail.com>

I am taking 5 weeks This summer and going to europe and need to get healthy. I have not exercised for 9 months and obviously that is not helping me. I have had a rotten 9 months and want and need a prolonged period of no drama or stress and with some fun to put myself back together and then I need to figure out what i am doing in the future ..in that order and then hopefully I'll be better

Please excuse typos poor punctuation etc etc as this was sent from my I Pad

On May 29, 2011, at 10:05, "Jeffrey Epstein" <jeevacation@gmail.com> wrote:

I gave it a lot of thought I think you should take time to recover from the traumas that you percieve have been at the root of your troubles. Maybe a month or two , take the summer, get some excercise , get healthy mentally and physically. your neck, back, I think a fullcheck up. spa . take [REDACTED] if you want.. go on a trek, nepal. mongolia, . hike hike hike and hike.

On Sun, May 29, 2011 at 4:03 PM, Gmax <gmax1@ellmax.com> wrote:

**Objet: AN OLDER MAN**

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An older man, not in the best physical condition, asked the trainer in the gym, "I want to impress that beautiful girl. Which machine should I use?"

The trainer replied, "Use the ATM machine outside the gym!"

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