

Sent: Saturday, February 13, 2016 8:42:20 PM
From: Quora Digest <digest-noreply@quora.com>
To: jeevacation@gmail.com
Subject: How do people die at the gym or doing fitness activities? - Quora



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How do people die at the gym or doing fitness activities?



Jordan Johnson, teacher and student, singer and arranger, programmer
449 votes

This is one way:

This particular lifter was OK because he wasn't pressing near his max, but there are two things in the picture to avoid if you *are* doing heavy bench presses...

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Which keyboard shortcut "changed your life"?



Patrick Sullivan, web designer/developer, sports watcher, outdoor enthusiast, and dude
361 votes

Considering that you asked for a singular shortcut that changed my life AND that most people don't know, that's what I'll give you:

Ctrl + Command + G... [Read More »](#)

Why does the government still use floppy disks (from what I have read) and what are you going to do about it?



Ed Felten, Deputy U.S. CTO at the White House
344 votes

I have never seen a floppy disk, nor a floppy drive, in the White House. I have a modern laptop, dual screens on my standing desk, and I can work reasonably offsite and off...

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Python (programming language): Why is Python so popular despite being so slow?



Todor Samardzhiev
5.1k votes

Is Python really slow?

Yes, it is.

... [Read More »](#)

Why don't soldiers wear a totally bullet proof suit which would cover from head to feet?



Al Saibini, Retired federal agent and deputy sheriff. Former military contractor.
1.1k votes

That's my kit from Afghanistan, not including my helmet. The armor weighs around 35 lbs, not including all the stuff that's attached to it. The helmet weighs another 3 or ... [Read More »](#)

What does it feel like to be pregnant and underage?



Pamela Scott
1.7k votes

Well let's see. I had been having sex since I was about 10 or 11. I was one of those girls who thought that sex was the way you got people to like you. Not consciously, of ... [Read More »](#)

How does Panda Express make their meat so soft?



Garrick Saito
856 votes

This is a common Chinese cooking technique called *velveting* the meat.

Basically, the meat is marinated in egg whites and cornstarch (other optional seasonings may be adde... [Read More »](#)

How much did the apple-com domain name cost?



Dan Birchall, wears many hats, but only figuratively
542 votes

Nothing.

Surprised?... [Read More »](#)

Why does the United States only have 11 aircraft carriers?



Matti Porkka, Lead Developer and games enthusiast
340 votes

"Only 11 aircraft carriers" ?

At the opposite side of Milky Way galaxy there's a member of a highly advanced species asking "why does our empire only have 11 Star Killers*... [Read More »](#)

Am I missing out by not going to college parties?



McKayla Kennedy, Student and teacher, in that order.
807 votes

I just graduated with my Bachelors degree. I never went to a single stereotypical "college party" during that time, for a few reasons:

1. I don't like mingling with large gro...

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