

**From:** Deepak Chopra <[REDACTED]>  
**To:** jeffrey E. <jeevacation@gmail.com>  
**Subject:** Re:  
**Sent:** Sunday, October 23, 2016 5:11:57 PM

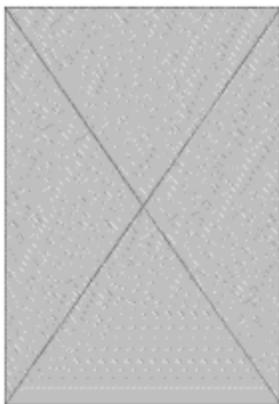
Birthday reflections

[REDACTED]

Deepak Chopra

[REDACTED]

New Book: [Radicalbeauty.com](http://Radicalbeauty.com)



On Oct 22, 2016, at 6:16 AM, jeffrey E. <jeevacation@gmail.com> wrote:

I thought so, springtime of senility.

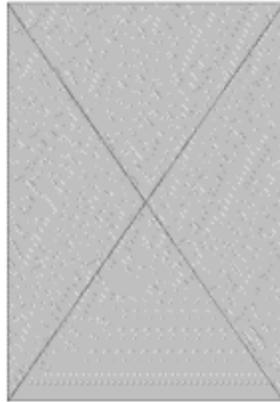
On Sat, Oct 22, 2016 at 9:14 AM, Deepak Chopra <[REDACTED]> wrote:

Good idea !  
Let's speak soon when I'm alone  
Birthday is today  
I do not celebrate  
Wearing the sweatshirt  
It's 6 am in San Jose  
Having breakfast now with my neuroscience student and then to airport for La Jolla  
Will connect

Deepak Chopra

[REDACTED]

New Book: [Radicalbeauty.com](http://Radicalbeauty.com)



On Oct 22, 2016, at 6:11 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)> wrote:

when is birthday? instead of reflecting can we speak about it, we might be able to come to a different answer for each

On Sat, Oct 22, 2016 at 8:57 AM, Deepak Chopra <[REDACTED]> wrote:

Just finished 3 days at Science and Duality  
It was fun  
Going home to La Jolla for the weekend .  
In a mood to reflect over how to spend next decade  
Deciding to cut down the events that I do just for politeness !  
I'm on Conan O'Brien on Monday . If easy do watch  
It will be funny  
All love

Deepak Chopra

[REDACTED]

New Book: [Radicalbeauty.com](http://Radicalbeauty.com)



On Oct 22, 2016, at 5:49 AM, jeffrey E. <[jeevacation@gmail.com](mailto:jeevacation@gmail.com)> wrote:

where today?

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please note

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