
From: [REDACTED] >
Sent: Saturday, January 18, 2014 11:34 AM
To: Jeffrey Epstein
Subject: Re:

Oh, sorry, I've just checked the email.
Will do! Honestly, this will be tough one. I have never been good friend with push ups

From: Jeffrey Epstein <mailto:jeevacation@gmail.com>
Sent: Saturday, January 18, 2014 10:41 AM
To: [REDACTED] >

i think you need to build now your breasts. low heavy pushups , , flys , , pull downs etc. 8 times 3 reps.

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