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**From:** [REDACTED]  
**Sent:** Tuesday, October 23, 2012 11:16 AM  
**To:** Jeffrey

How are you feeling?

Sent via BlackBerry from T-Mobile

```
<?xml version="1.0" encoding="UTF-8"?>
```

```
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd">
```

```
<plist version="1.0">
```

```
<dict>
```

```
  <key>date-last-viewed</key>
```

```
  <integer>0</integer>
```

```
  <key>date-received</key>
```

```
  <integer>1350990965</integer>
```

```
  <key>flags</key>
```

```
  <integer>8590195713</integer>
```

```
  <key>gmail-label-ids</key>
```

```
  <array>
```

```
    <integer>22</integer>
```

```
    <integer>2</integer>
```

```
  </array>
```

```
  <key>remote-id</key>
```

```
  <string>253739</string>
```

```
</dict>
```

```
</plist>
```