
From: [REDACTED]
Sent: Tuesday, October 25, 2011 4:58 PM
To: jeevacation@gmail.com
Subject: Re:

all i can find on our medi=al web is that weird sleep patterns or disruption of circadian rhythm chro=ically can cause paranoia or anxiety. i think that is what you mean?

good news/bad news is that i get to do another experiment as i'm leavi=g for africa on friday.

wonder if i should try to regulate it and see if that helps? (with pro=igil) what do you think?

BTW was with the leadership of guinea, learned that they have so much =ater - the most in Africa ("chateau d'eau" is nickname). philanthropy is n=ot the right move there. was reading the history of fiji water (they have s=rings instead of tons of rainfall etc) but wondering if it might be worthw=ile to make a version of fiji water from guinea - make it a catchy name. e=rope has evian. usa has fiji! (that we ship like 6,000 miles to drink!). i= might be neat to do some sort of deal where the first half of the water g=es to the people (domestic use) and the rest can be exported or something.=might be fun/neat. there are no bottled water companies in africa of any s=ale. there is growing demand. i could easily secure water rights (personal=y). wasn't possible before bc of the dictator dude. now there is "democrac=" but still a bunch of tribal gangsters, that i like.

-----Original Message-----

From: Jeffrey Epstein <jeevacation@gmail.com>

To: [REDACTED]

Sent: Tue, Oct 25, 2011 9:51 am

Subject: Re:

its really powe=ful, too many time zone crossings ,, but you should appreciate it as=an experiment,, watch how many things you unnecessarily worry about.

On Tue, Oct 25, 2011 at 12:48 PM, [REDACTED] w=ote:

I've never heard of that but it sounds reasonable. Will look into =t

-----Original Message-----

From: jeffrey epstein <jeevacat=on@gmail.com <mailto:jeevacation@gmail.com> >

To: [REDACTED]

Sent: Tue, Oct 25, 2011 7:14 am

Subject: Re:

You are suffering from circadian paranoia, travel time zone related

Sorry for all the typos .Sent from my iPhone

On Oct 24, 2011, at 4:26 PM [REDACTED] wrote:

ok whew
i'm trying super hard!

-----Original Message-----

From: jeffrey epstein <jeevacat=on@gmail.com <mailto:jeevacation@gmail.com> >

To: [REDACTED]

Sent: Mon, Oct 24, 2011 1:15 pm

Subject: Re:

Of course not

Sorry for all the typos .Sent from my iPhone

On Oct 24, 2011, at 4:12 PM, [REDACTED] wrote:

did i do something wrong?
are you mad at me for some reason?
now paranoid!!!!!!!!!!!!!!

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