
From: Joscha Bach [REDACTED]
Sent: Saturday, August 27, 2016 5:54 PM
To: Jeffrey Epstein
Subject: Re: Talk?

Which helps to explain why you instill so much loyalty in others.

> On Aug 27, 2016, at 13:41, jeffrey E. <jeevacation@gmail.com> wrote:

>
> I dont have the gene for shame jealousy or guilt. so I have three =n their place for loyalty

> On Sat, Aug 27, 2016 at 1:34 PM, Joscha Bach <joscha.bach@gmail.com> =rote:

> Dear Jeffrey,

> You are probably busy with other things, but I would be happy to talk =o you.

> When you once mentioned that you are free of shame, I was instantly =nvious. Shame may not prevent people from making social mistakes, but =t sure prevents them from looking at them and fixing them rationally. =That is probably the main purpose of shame: it is meant to prevent the =ndividual from escaping the submission to social norms; being ashamed =eans to be unable to forgive yourself, so one cannot deal with the =ssues in a rational way.) Being an aspie does not absolve me of being =shamed of my social failures, the lack of instincts just makes it =lightly harder to avoid them.

> I currently suspect that my occasional inability to stop may have =imply been the downside of a medication that increases focus and =oal-directedness. Social situations are highly interactive, and one =eeds to recalibrate goals and behavior from moment to moment, while =rogramming and writing benefit from staying on track regardless of =istractions.

> It is hard to see for someone who is ashamed of social disfunction and =hus goes into a mixture of beating-yourself-up and denial, i.e. dealing =ith the emotional fallout rather than the actual problem.

> I regret the practical, attentional and social mayhem I have caused. =rankly, I am surprised that you supported me through this.

> Sincerely thankful,

> Joscha

> --
> please note

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