
From: Deepak Chopra <[REDACTED]>
Sent: Tuesday, August 16, 2016 4:35 AM
To: Jeff Epstein
Subject: Fwd: Shaikha

FYI

Deepak Chopra=
[REDACTED]

=uper Genes: Unlock the Astonishing Power of Your DNA for Optimum Health and Wellbeing
<<http://www.amazon.com/=uper-Genes-Astonishing-Optimum-Well-Being/dp/0804140138/deepakchcom07-20>>

Begin forwarded message:

From: Sheila Patel [REDACTED]
Date: August 15, 2016 at 3:32:50 PM PDT
To: Deepak Chopra [REDACTED]
Subject: Shaikha

Oh, I also added to their recommendations the website for getting a grounding mat or pillowcase. I almost forgot.

Namaste,

Sheila Patel
Medical Director of Mind Body Medical Group Chopra Center Certified Instructor The Chopra Center for Wellbeing
[REDACTED]

