

To: [REDACTED]
From: Jeffrey Epstein
Sent: Tue 9/8/2009 4:38:10 PM
Subject: Re: Re:

n= subjects

On Tue, Sep 8, 2009 at 12:36 PM, [REDACTED] <[REDACTED]> wrote:

Well I had one subject with an N of 84. Maybe you forgot your statistics.

From: Jeffrey Epstein <jeevacation@gmail.com>
Sent: Tuesday, September 08, 2009 9:18 AM
To: [REDACTED]
Subject: Re:

i see you forgot your statistics,, with an " n " of 1. not very exciting.. email me a number to call

On Tue, Sep 8, 2009 at 12:16 PM, <[REDACTED]> wrote:

well indeed...

i had to get numbers for my docs too.

[REDACTED] and i wanted to ease back into workouts.

we did 7 trials of three different exercises (hot yoga, water running, weights)

we measured my VO2 max, core temperature, EKG, etc.

we also got serious with my joints ([REDACTED]) so we used a goniometer to measure joint space improvement and a galvanic meter to measure surface change near the joint.

[REDACTED].
over a 12 week period, i alternated with 4 weeks of each and guess which one showed the most dramatic improvement on every single metric?

i didn't want to try hot yoga and i thought it was stupid. lots of drama queens and women with issues looking for attention, blah blah blah. but, numbers don't lie.

-----Original Message-----

From: Jeffrey Epstein <jeevacation@gmail.com>
To: [REDACTED]
Sent: Tue, Sep 8, 2009 9:07 am
Subject: Re:

you need to back up your hot yoga benefits with real numbers.. the docs in new york see more hot yoga or iengar devotees , than any other exercise regimen in

[The entire original message is not included]

=

--

The information contained in this communication is confidential, may be attorney-client privileged, may constitute inside information, and is intended only for the use of the addressee. It is the property of Jeffrey Epstein

Unauthorized use, disclosure or copying of this communication or any part thereof is strictly prohibited and may be unlawful. If you have received this communication in error, please notify us immediately by return e-mail or by e-mail to jeevacation@gmail.com, and destroy this communication and all copies thereof, including all attachments.