

To: Dr. Henry Jarecki [REDACTED]
From: Jeffery Edwards
Sent: Sun 8/24/2008 4:19:00 PM
Subject: Re: jewish buddhist

Title: Re: jewish buddhist Send more

On 3/22/08 9:18 PM, "Dr. Henry Jarecki" [REDACTED] wrote:

From: Dr. Henry Jarecki [REDACTED]
Sent: Monday, January 21, 2008 12:49 PM
To: 'Thomas Detre'
Subject: you might have missed one or two, yes?

From: [REDACTED]
Sent: Monday, January 21, 2008 11:19 AM
To: henry jarecki
Subject: Fw: Buddhist

>
> Sayings of the Jewish Buddhist
>
>If there is no self, whose arthritis is this?
>
>Be here now. Be someplace else later. Is that so complicated?
>
>Drink tea and nourish life; with the first sip, joy; with the second
>sip, satisfaction; with the third sip, peace; with the fourth, a
>Danish.
>
>Wherever you go, there you are. Your luggage is another story.
>
>Accept misfortune as a blessing. Do not wish for perfect health, or
>a life without problems. What would you talk about?
>
>The journey of a thousand miles begins with a single Oy.
>
>There is no escaping karma. In a previous life, you never called,
>you never wrote, you never visited. And whose fault was that?
>
>Zen is not easy. It takes effort to attain nothingness. And then

>what do you have? Bupkis.
>
>The Tao does not speak. The Tao does not blame. The Tao does not
>take sides. The Tao has no expectations. The Tao demands nothing of
>others. The Tao is not Jewish.
>
>Breathe in. Breathe out. Breathe in. Breathe out. Forget this and
>attaining Enlightenment will be the least of your problems.
>
>Let your mind be as a floating cloud. Let your stillness be as a
>wooded glen. And sit up straight. You'll never meet the Buddha with
>such rounded shoulders.
>
>Deep inside you are ten thousand flowers. Each flower blossoms ten
>thousand times. Each blossom has ten thousand petals. You might want
>to see a specialist.
>
>Be aware of your body. Be aware of your perceptions. Keep in mind
>that not every physical sensation is a symptom of a terminal illness.
>
>The Torah says, Love your neighbor as yourself. The Buddha says,
>There is no self. So, maybe we're off the hook.

* Take only what is given. Own nothing but your robes and an alms

> bowl. Unless, of course, you have the closet space.
>
> * To practice Zen and the art of Jewish motorcycle maintenance, do
> the following: Get rid of the motorcycle. What were you thinking?
>
> * Learn of the pine from the pine. Learn of the bamboo from the
> bamboo. Learn of the kugel from the kugel.
>
> >> * The Buddha taught that one should practice loving kindness to all
> sentient beings. Still, would it kill you to find a nice sentient
> being who happens to be Jewish?
>

- > * Be patient and achieve all things. Be impatient and achieve all
- > things faster.
- >
- > * In nature, there is no good or bad, better or worse.
- > The wind may blow or not. The flowering branch grows long or short.
- > Do not judge or prefer. Ask only, "Is it good for the Jews?"
- >
- > * If you wish to know The Way, don't ask for directions. Argue.
- >
- > > * Forget health food, I need all the preservatives I can get.
-
- >
- >
- >