

**To:** Nadia [REDACTED]  
**From:** Jeffrey Epstein  
**Sent:** Fri 3/25/2011 6:23:17 PM  
**Subject:** Re: confidential

I have called almost everyday to check up on you. I understand , your concerns,, I am aware you haven't slept and are stressed

On Fri, Mar 25, 2011 at 2:19 PM, Nadia <[REDACTED]> wrote:

I don't need a blood test to know what my problem is. I am not well. I can't handle the stress you cause. You have no idea what I have to deal with because of you. I don't sleep; having to constantly defend you to people, I have to worry about visa, money, press. You make promises but no help. I am angry with you. I worry about you. I think you continue to make bad decisions. People don't tell you the truth . I want to protect you. I have to defend you. and I can't deal with it all.

There is not one person who doesn't suggest I do things you wouldn't like to resolve my situation, and every time I just have to start defending you again. I do it all the time. My friends, your 'friends, psychologists, family, strangers, every guy I met and every girl I see more than once who read the articles, start making stupid remarks and attacking you. It disgusts me, I start defending you and that usually results in never seeing them again. You don't get it. What is worse you still surround yourself with those people.

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Sarah was the only person I could speak with openly, and you decided to limit our friendship. We could listen to each other's grievances without ever having to defend you to each other. You don't know how rare and nice that was. She has always been the only one who I knew would never make stupid suggestions or do anything to put your well being in jeopardy and she could count on the same from me. You took that away for no good reason..!

I can't handle everyone else, I barely leave my apartment and I am afraid to meet with anyone new that's going to put me in that position again. The press and being hounded by reporters only adds to it. And you suggest I get a blood test..

I don't know how you do not even say sorry. how do you not say thank you.....

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**From:** Jeffrey Epstein <jeevacation@gmail.com>  
**To:** Nadia <[REDACTED]>  
**Sent:** Sun, March 20, 2011 5:42:09 PM  
**Subject:** Re:

why not?>

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