

To: Jeffrey[jeevacation@gmail.com]
From: [REDACTED]
Sent: Tue 7/24/2012 6:49:45 PM
Subject: Re:

hi..i tried to take it few weeks ago...i did it for a week but it made me feel horrible. I had a really bad sleep, was waking up early with my muscles super tensed, i was very anxious and stressed. I felt much better when i stopped, i guess it didn't work well with combination of adder all. But honestly i ve been feeling pretty good lately and surprisingly I'm calmer, not over thinking and not so negative. and I'm finally able to actually relax. How r u?

Im in Munich now for almost 2 more weeks for Woford again...then Slovakia for a week to renew my O 1 visa and see my family and straight from there going to Sardinia for a week for vacation.