

**To:** JE Jail[jeevacation@gmail.com]  
**From:** [REDACTED]  
**Sent:** Thur 8/16/2012 9:24:08 PM  
**Subject:** Re:

I don't know. I am physically unable to function. My sleeping is a problem I can't fix and I don't know if it is a cause or symptom. Even when I am awake, I am extremely foggy, tired and just can't do anything or think clearly. I have to cancel most appointments and barely manage to leave my apartment for basic errands. My hair is falling out, my teeth hurt and my eyes are constantly red. Today is the first day I feel ok in over a month.

I actually started to keep a sleep log and it's so weird I don't know what to think of it... It looks like a lot of sleep at the wrong times, I should not be this exhausted

sat - 8am - 6pm  
sun - 4am - 2pm  
mon - 6am - 3pm  
tue - 7am - 5pm  
wed - NO SLEEP  
thu - 4pm - 3am  
fri - 10pm - 11am  
sat - 5am - 3pm  
sun - NO SLEEP  
mon - 1pm - 11pm  
tue - 11pm - 6am  
wed - 11pm - 10am