

To: [REDACTED]
From: Jeffrey Epstein
Sent: Sat 11/13/2010 4:49:08 PM
Subject: Re:

now i have to get in shape. I feel like you did in july, and the canadian shoot

On Sat, Nov 13, 2010 at 7:02 AM, <[REDACTED]> wrote:

I know..u r right.even Ben was saying that I see only negative things..which is truth..I take good things and turn it into a big drama.I looked on the internet tonight..to start some cooking classes or workshops or painting or photography or smth...I take xanax sometimes when I'm anxious or stressed..like once a week approximately..that helps..thank you..I'm glad u r better tho!!!:))

Sent via BlackBerry by AT&T

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