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**From:** drsra  
**Sent:** Thur 11/8/2012 10:54:53 PM  
**Subject:** Lyfe Kitchen

Met Stephen Sidwell, John Mitchell and Brendan McDonald of Lyfe Kitchen this past Sunday when I was out at a ranch in Malibu. Had dinner with them after a small function and sat across from Mitchell. Learned about their operation. They are ramping up for nation-wide distribution in January '13. It looked like an interesting investment opportunity. Their product for distribution in grocery stores (and apparently have aa contract with Costco already) is good. Do you know anything about these guys and their businesses? If not, Steve Hanson might.

Hope all is well with you.  
SRA