To: [redacted]
From: Richard Kahn
Sent: Wed 7/6/2016 5:02:13 PM
Subject: Re: Mile High Club....

yes agree
i believe they opened 2 years ago
see you at 4pm

Richard Kahn
HBRK Associates Inc
[redacted]

> On Jul 6, 2016, at 1:01 PM, [redacted] wrote:
>
> awesome! and I see you can pay by the class of course…
> I'm surprised it took so long for someone to figure out a course like this for treadmills…spinning has been around for a long time…but this is new to me (or maybe I'm just out of the loop!)
>
> Jeffrey says you and Darren will now come today at 4pm…will see you then!
>
>> On Jul 6, 2016, at 12:48 PM, Richard Kahn [redacted] wrote:
>>
>> it was fun..
>> next time you do an overnight you both should try
>> there were a number of husband wife teams this am
>>
>> Richard Kahn
>> HBRK Associates Inc.
>> [redacted]th Floor
>>
>>
>>
>>
>>
>>
>>
>>> On Jul 6, 2016, at 12:44 PM, [redacted] wrote:
>>>
>>> wow…looks really incredible! You probably burned 900 calories this morning!
>>>
>>> They do outdoor training also…when I lived here, Ike and I took a running class in the park from an ex para- olympian…I felt like I would throw up after every class!
>>
>