



**Sent:** Wed 5/18/2016 1:34:46 PM

**Subject:** Sheryl Sandberg says her 10-minute New Year's resolution has changed her life Marty Seligman mention (very short)

<http://www.businessinsider.com/sheryl-sandberg-says-her-10-minute-new-years-resolution-has-changed-her-life-2016-5>



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