

To: Ciera Davis [REDACTED]
From: Lesley Groff [REDACTED]
Sent: Fri 1/29/2016 5:47:37 PM
Subject: Re: Blood draw for Jeffrey

Ok let me ask him how early he would like the nurse to come. Will be back to you!

Sent from my iPhone

On Jan 29, 2016, at 12:43 PM, Ciera Davis <[REDACTED]> wrote:

Thursday, February 4th is perfect!

She can come at any time – what time would work best? The time of the draw will determine when he needs to stop eating/drinking the night before. We ask that patients be fasting for at least 10 hours prior to the draw...

Best,
Ciera

Ciera Davis | Attia Medical, PC

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From: Lesley Groff [REDACTED]
Sent: Friday, January 29, 2016 9:35 AM
To: Ciera Davis
Subject: Re: Blood draw for Jeffrey

Hi Ciera. thanks for the clarification! I have down for Thursday 4th! How early can the nurse come? Should he fast from midnight the night before on? thanks,
[REDACTED]

On Jan 29, 2016, at 12:25 PM, Ciera Davis <[REDACTED]> wrote:

Hi [REDACTED]

I just want to clarify the date – below Dr. Attia mentions “Thursday February 3rd”, but the 4th is actually Thursday...and then let me know what time would work best for Jeffrey. As Dr. Attia mentioned below, this draw will only take about 20 minutes, and it is a fasting draw.

Thank you!
Best,

Ciera

Ciera Davis | Attia Medical, PC

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From: Lesley Groff [REDACTED]
Sent: Friday, January 29, 2016 8:08 AM
To: Peter Attia
Cc: Ciera Davis
Subject: Re: Blood draw for Jeffrey

sounds good! thanks
Ciera, I will await to hear from you the details...

On Jan 29, 2016, at 9:47 AM, Peter Attia <[REDACTED]> wrote:

Hi [REDACTED]

We're going to have Jeffrey's blood drawn on the morning of Thursday Feb 3.
Ciera will coordinate the exact time with you, but it needs to be in the morning before Jeffrey eats anything.
It will only take 15-20 min (vs. the long test we did last time).

Thank you!
P

Peter Attia, M.D. | Attia Medical, PC | 917-232-1115 (m)

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