

**To:** [REDACTED]  
**From:** Lyn  
**Sent:** Tue 1/5/2016 8:57:46 PM  
**Subject:** Re: Scrambled eggs for Peter on Thursday

Thank you ♦

Sent from my iPhone

> On Jan 5, 2016, at 1:22 PM, [REDACTED] wrote:  
>  
> Peter Attia would like scrambled eggs on Thursday for breakfast at 8:30am...