

To: [REDACTED]
From: Lesley Groff
Sent: Tue 7/1/2014 9:19:15 PM
Subject: [REDACTED] LIST!

I knew we would be getting it soon! Can you take care of this for her [REDACTED]

Begin forwarded message:

From: [REDACTED] >
Subject: Re: July 11
Date: July 1, 2014 5:13:05 PM EDT
To: Lesley Groff <[REDACTED]>

Yes!! Great!

Will you be there or can I leave a chocolate bar on your table?

Should I bring F cookies, chocolate, or send a book? What's he liking these days?

Possible for the magical elves of the universe ([REDACTED] or [REDACTED]? Or?) to get a few groceries?

Water - either dasani or smart water
(Four 12 - 16 oz bottles I can carry if need be and 6 large for drinking a lot!!)

Greens (organic great!):
1 flat leaf kale
1 dandelion greens
1 watercress
1 radicchio
Arugula (in a box is fine)

2-3 pkgs Rice noodles (tinkyada white rice spaghetti or Asian rice noodles)

2 pkgs 100% Buckwheat noodles (ramen, if 100% buckwheat, is great)

3 avocados

6 bananas

Bar harbor sardines packed in water or 2 layer crown prince sardines packed only in olive oil - 4 cans

1/2 dozen eggs

Olive oil (sometimes apartments have this & sometimes not)

Awesome!!! Thank you!

Xo
[REDACTED]

iPhone feature: Tupos & Abbrvtns

On Jul 1, 2014, at 1:59 PM, Lesley Groff <[REDACTED]> wrote:

Hi [REDACTED]! Jeffrey could see you Sat. July 12th. Does 3pm work?

On Jul 1, 2014, at 3:40 PM, [REDACTED] > wrote:

F -

Free 4-5 pm on Thursday, July 10. Free July 11, 11:45-12:30 & after 6 pm.

Also around Saturday.

Xo
[REDACTED]

Do you know Stuart Hameroff's work? I'm having dinner with him Saturday.
Interesting work. Brain music.

iPhone feature: Tupos & Abbrvtns