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**From:** Jeffrey Epstein <jeevacation@gmail.com>  
**Sent:** Friday, January 3, 2014 1:45 PM  
**To:** [REDACTED]

I guess we should make a healthy plan . diet excercise, . im curious to see parathyroid. . , did we d= pituiarty hormone. many years ago this was elevavated, . i ha=e no other ideas ? at least today, I brought you some pastrami ,=brisket and potato pancakes from Katz;s . russ was closed.

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