
From: [REDACTED]
Sent: Friday, March 28, 2014 2:38 PM
To: Jeffrey Epstein; [REDACTED]; Karyna Shuliak; [REDACTED]
Subject: Better

I am finally through it.
I was still lying on the floor in puke this morning at 4am.
I have never experienced anything like this. It was like my body was constantly on the feeling right before you throw up for 24 hours. There was no process of knowing you are going to be sick, walking to the bathroom and being sick like a normal person. It was just all at once with no warning. And through my nose as well 😊. Early this morning I thought I might die from choking. My body kept wrenching for ages with nothing in it.
Anyway it is done. I hope as few people in the city as possible get it.
Today is incredible like the calm after the storm :))) I am just very slow and sore but thrilled that it is over.

```
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