
From: [REDACTED] >
Sent: Tuesday, October 14, 2014 9:17 AM
To: Jeffrey

Meeting alma at 3pm. Would you like to Skype. She said she couldn't exercise much cause of her ankle injury

```
Sent from my iPhone=?xml version=.0" encoding=TF-8"?> <!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN"
"http://www.apple.com/DTDs/PropertyList-1.0.dtd">
<plist version=.0">
<dict>
  <key>date-last-viewed</key>
  <integer>0</integer>
  <key>date-received</key>
  <integer>1413278253</integer>
  <key>flags</key>
  <integer>8590195717</integer>
  <key>gmail-label-ids</key>
  <array>
    <integer>7</integer>
    <integer>27</integer>
  </array>
  <key>remote-id</key>
  <string>446715</string>
</dict>
</plist>
```