

Bureau of Prisons
Psychology Services

SENSITIVE BUT UNCLASSIFIED

Clinical Intervention - Clinical Contact

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M Facility: NYM

Unit Team: A&O

Date: 07/10/2019 08:38

Provider: [REDACTED], [REDACTED], [REDACTED]

Focus of Session

Inmate Epstein was seen today for a psychological observation contact in the hospital area by this writer.

Subjective/Objective Presentation

Inmate Epstein appeared well and it was noted in his log book and eating/sleeping chart that he has been eating his meals, sleeping, interacting with the inmate companions, and pacing in his cell. Today, he presented this writer with numerous concerns and requests. He stated he does not want to be housed in the SHU because he is not comfortable there; he wants to be single-celled if he goes to the SHU; he wants Colace, not the Ducolex he received from medical yesterday; he wants to be able to walk around and go to recreation; he does not want to wear an orange uniform to his legal visits because he is treated "like a punished inmate;" he wants a phone call before he leaves the psychological observation area; he wants a shower and towel; he would like to be housed in the cadre (5S) unit; and would like his property, paper, and a pen.

Inmate Epstein's concerns were addressed by this writer and it was explained to him he will not be single-celled or placed in a housing unit for safety and security concerns. His medical concerns (constipation) were discussed with health services as well as his desire to be placed on Colace. Inmate Epstein was provided a shower this morning.

Intervention(s)

Inmate Epstein was provided with supportive intervention and coping skills strategies today. He was receptive to interventions and was able to elucidate his various needs. He did not present with any acute psychopathology and continues to deny any suicidal ideation, intention, or plan. He is looking forward to his bail hearing on Monday but stated he is aware that even if he gets bail, it will take at least two weeks to sort things out so he can leave the jail.

Progress/Plan

Inmate Epstein is not in any psychological distress, does not present with any mental health symptoms or complaints, and is denying any suicidality. He appears psychologically stable at this time and can be released from the psychological observation area. Inmate Epstein will be housed in the 9S area with a cellmate. He will be seen again tomorrow by psychology to evaluate his mental status and psychological stability.

Completed by [REDACTED], [REDACTED], [REDACTED] Psychologist on 07/10/2019 09:09

**Bureau of Prisons
Psychology Services
General Administrative Note**

SENSITIVE BUT UNCLASSIFIED

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054
Date of Birth:	██████████	Sex:	M
		Facility:	NYM
Date:	07/11/2019 14:28	Provider:	██████████, ██████████ PsyD
		Unit Team:	A&O

Comments

This writer attempted to see Mr. Epstein in the morning and then again in the afternoon for a Psych Observation Follow Up, but he was in Attorney Conference.

Completed by ██████████, ██████████ PsyD on 07/11/2019 15:51

**Bureau of Prisons
Psychology Services
Clinical Intervention - Clinical Contact**

SENSITIVE BUT UNCLASSIFIED

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M Facility: NYM

Unit Team: A&O

Date: 07/11/2019 15:21

Provider: [REDACTED], [REDACTED], [REDACTED]

Focus of Session

Inmate Epstein was seen for his psychological observation follow-up in attorney conference this afternoon.

Subjective/Objective Presentation

Inmate Epstein reported he has been consulting with his attorney most of the day. He elucidated concerns about his incarceration including not receiving his property yet in SHU, feeling cold in his cell, not receiving his Colace, not having enough water in attorney conference, and a desire to recreate in SHU." Inmate Epstein was also upset about wearing an orange jumpsuit and being treated like "a bad guy" when he did not do anything wrong in the prison. Custody and security concerns were addressed with inmate Epstein including why he has to wear his orange jumpsuit (due to his being housed in SHU). He requested that he be placed in a brown uniform during his legal visits. He was told his concerns would be addressed in the SHU meeting.

Inmate Epstein stated he is not having any current problems with his cellmate and indicated he ate bran cereal for breakfast and took a shower yesterday. He did not sleep well last night. Inmate Epstein continues to deny any suicidal ideation, intention or plan. He did not appear to be in any distress at this time.

Intervention(s)

Inmate EPSTEIN was provided with brief supportive interventions, CBT-based interventions, and psychoeducation regarding additional coping strategies. Inmate EPSTEIN was receptive to these interventions.

Progress/Plan

Inmate EPSTEIN was educated about both routine and emergency procedures for contacting Psychology staff. He was reminded of the self-help books and audiotapes available through the Psychology department. He will be seen next week after his bail hearing to assess his mental status and psychological stability.

Completed by [REDACTED], [REDACTED], [REDACTED] Psychologist on 07/12/2019 07:51

**Bureau of Prisons
Psychology Services
Clinical Intervention - Clinical Contact**

SENSITIVE BUT UNCLASSIFIED

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054
Date of Birth:	██████████	Sex:	M
Date:	07/16/2019 12:48	Facility:	NYM
		Provider:	██████████, ██████████, ██████████
		Unit Team:	A&O

Focus of Session

Inmate Epstein called for this writer in attorney conference today. The officer in attorney conference notified this writer that he was asking to be seen.

Subjective/Objective Presentation

Inmate Epstein reported he has not received a spoon or soap in SHU, nor did he receive the phone calls that were "promised to him." He told this writer we need to have mutual trust that his needs are met in the prison. This writer told inmate Epstein that she would address his concerns. On the way out, a staff member told this writer she witnessed inmate Epstein receive two phone calls from the Lt. Nonetheless, this writer informed the SHU lieutenant of his concerns and he said he would ensure that he had soap, a spoon, and his initial SHU phone call. Inmate Epstein did not have any psychological concerns today. He denied any mental health symptoms or suicidality. He has been eating as best as he can and has requested a Kosher diet.

Intervention(s)

Inmate EPSTEIN was provided with brief supportive and psychoeducation regarding additional coping strategies. Inmate EPSTEIN was receptive to these interventions. He continued with his legal visit.

Progress/Plan

Inmate EPSTEIN was educated about both routine and emergency procedures for contacting Psychology staff. He was reminded of the self-help books and audiotapes available through the Psychology department. There appears to be no need for follow up at this time. He will be seen in SHU for rounds and monthly SHU reviews.

Completed by ██████████, ██████████, ██████████ Psychologist on 07/18/2019 13:05

Bureau of Prisons
Psychology Services
SHU Review

SENSITIVE BUT UNCLASSIFIED

Inmate Name: EPSTEIN, JEFFREY EDWARD Reg #: 76318-054
Date of Birth: [REDACTED] Sex: M Facility NYM Unit Team: A&O
Date: 07/18/2019 07:21 Provider: [REDACTED], [REDACTED], [REDACTED]

Placed in SHU: 07/10/2019 Type: SHU
Status: ADMIN.DETENTION Threat to Self: Low
Basis of Review: Inmate was interviewed Adjustment: Satisfactory, segregation not detrimental
Mental Status: No significant mental health issues. Threat to Others: Low

Comments

Monthly SHU Review Note

Inmate Epstein was meeting with his legal team today and has a court hearing. He was not able to be seen for a SHU review. Another attempt to interview him for a SHU review will be done in the near future.

Completed by [REDACTED], [REDACTED], [REDACTED] Psychologist on 07/18/2019 12:06

**Bureau of Prisons
Psychology Services
General Administrative Note**

SENSITIVE BUT UNCLASSIFIED

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054
Date of Birth:	██████████	Sex:	M
		Facility:	NYM
Date:	07/23/2019 07:56	Provider:	██████████, ██████████ ██████████
		Unit Team:	5

Comments

This On-Call Psychologist was contacted by the Operations Lt. at about 2 AM on 7/23/19 to inform Mr. Epstein was being placed on Suicide Watch because he was found with a string loosely hanging around his neck. Mr. Epstein will be seen today by the duty psychologist for a Suicide Risk Assessment.

Completed by ██████████, ██████████ ██████████ Psychologist on 07/24/2019 07:59

**Bureau of Prisons
Psychology Services
Suicide Risk Assessment**

SENSITIVE BUT UNCLASSIFIED

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054
Date of Birth:	██████████	Sex:	M
Date:	07/23/2019 10:09	Facility:	NYM
		Provider:	██████████, ██████████ PsyD
		Unit Team:	5

Type of Housing: SHU- Administrative Segregation
Cell Accommodation: Double-Cell

FINDINGS

This assessment and the resulting recommendations are based on the following sources of information:
Clinical Interview, Medical Record, Psychology Data System, Sentry

Reason for Referral

The On Call Psychologist, Dr. ██████████, had been contacted by the Operations Lt. at about 2 AM on 7/23/19 to inform her that Mr. Epstein was being placed on Suicide Watch because he was found with a string around his neck. Mr. Epstein was seen by this writer for a Suicide Risk Assessment at about 9:10 AM on 7/23/19.

This note is being entered at about 3:35 PM on 7/23/19.

Mental Health History

According to a Suicide Risk Assessment dated 7/09/19 by Dr. ██████████, "Inmate Epstein denied any history of mental health treatment, either on an inpatient or outpatient basis. Inmate Epstein denied any treatment in the past or present with psychotropic medication. He also denied any acute mental health symptoms at this time."

Self-Harm History

According to a Suicide Risk Assessment dated 7/09/19 by Dr. ██████████, "Inmate Epstein denied any past or present suicidal ideation, intention or plan. He denied ever engaging in any suicide attempts or self-injurious behavior in the past."

Substance Abuse History

According to a Suicide Risk Assessment dated 7/09/19 by Dr. ██████████, "Inmate Epstein denied any alcohol or substance abuse. He said it is well-known that he does not even drink alcohol."

Current Problem

Earlier this morning Mr. Epstein was found by SHU staff in his cell with a string loosely tied around his neck. It is unclear at this time if Mr. Epstein had placed the string around his own neck.

When Mr. Epstein was asked by this writer how he ended up on Suicide Watch, he denied remembering. He stated he got a drink of water last night in his cell and went back to bed. He said the next thing he remembered is hearing himself snore. He said he wants to know why he is on Suicide Watch. He was informed that staff stated he was found in his cell with a string on his neck. According to Medical records, he had been seen by Medical for this and had a rule out of self inflicted injuries.

When this writer reviewed the Staff Suicide Watch Log, it noted that Mr. Epstein told the staff watching him that his cellmate tried to kill him, which Mr. Epstein did not tell this writer when this writer had interviewed Mr. Epstein. This writer was not able to ask Mr. Epstein about this, since Mr. Epstein was now in Legal. The Captain was notified about this notation and the Captain stated they were already aware of this statement.

Current Mental Status

Level of Consciousness: Alert and Oriented
Psychomotor Activity: Normal
General Appearance: Normal
Behavior: Cooperative
Mood: Appropriate to Content

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M

Facility: NYM

Unit Team: 5

Date: 07/23/2019 10:09

Provider: [REDACTED], [REDACTED] PsyD

Thought Process: Goal Directed

Thought Content: Normal

Current Mental Status: He exhibited a neutral mood with a full range of affect. His speech was logical and coherent, with no loosening of associations or tangential, circumstantial or irrelevant speech. Auditory and visual hallucinations were denied, and delusions were not elicited. He did not engage in any bizarre or inappropriate behavior. He denied current suicidal or self harm ideation and he agreed to immediately tell staff if he starts to have suicidal or self harm thoughts. He was future oriented. He does not appear to be an immediate danger to self. He denied thoughts of hurting others and he agreed to tell staff if he has these thoughts.

RISK AND PROTECTIVE FACTORS ASSESSED:

This writer screened the inmate for a variety of empirically validated factors commonly associated with risk for self-harm and suicide.

The following **STATIC** risk factors were assessed to be present and increase the inmate's risk for engaging in suicide related behaviors: High Profile Crime, Lack of family connections, Sex offender status

The following **DYNAMIC** risk factors were assessed to be present and increase the inmate's risk for engaging in suicide related behaviors: Current physical pain

The following **PROTECTIVE** factors were assessed to be present and may decrease the inmate's risk of suicide: Able to identify reasons to live, Adequate problem solving skills, Denial of suicidal ideation/intention/plans, Future orientation, View of death as negative, Willingness to engage in treatment

Risk Factors: He was found by staff in his cell in SHU with a string loosely tied around his neck, which Mr. Epstein stated he did not remember anything about. It is unclear at this time if Mr. Epstein had placed the string around his own neck or if someone else did. According to Medical, he had a circular line around the base of his neck, which he denied knowing how he obtained. He stated his throat hurts which was reported to Medical. He has a high profile sex offense case and recently was denied bail. When asked if he has any friends or family that are emotionally supportive, he stated he does not know what that means. When emotional supports were explained to him and then again asked if he has any family or friends that are emotionally supportive, he was vague and said he has a lot of people.

Protective Factors: He denied current suicidal or self harm thoughts or ever having these thoughts. He denied a history of self harm and suicide attempts. He denied a family history of suicidal and self harm attempts. He denied having any chronic medical conditions. He denied feeling hopeless. He denied a history of childhood abuse. He denied fearing for his safety. He denied feeling like a burden to anyone. He reported he is sleeping adequately. He stated he lives to have fun, to enjoy life, and to learn. He said his future plans include fighting his case and going back to his normal life.

Whereas, he is denying suicidal and self harm thoughts and has a lot of protective factors, he is denying that he remembers how he ended up on Suicide Watch and has marks encircling his neck. It is unclear at this time if he had placed the string around his neck or if someone else did. He will remain on Suicide Watch for further observation and safekeeping.

DIAGNOSIS:

No Diagnosis, No Dx - Current

CONCLUSIONS

The Overall Acute Suicide Risk for this Inmate is: Moderate

Overall Chronic Suicide Risk for this Inmate is: Absent

RECOMMENDATIONS

1. Mr. Epstein will remain on Suicide Watch for further observation and safekeeping.
2. While on Suicide Watch, he will be continuously observed by Inmate Companions.
3. While on Suicide Watch, he will be seen daily by Psychology.
4. Supportive and educative interventions were provided.
5. Medical was informed that he reported his throat hurts.

Suicide Watch: A suicide watch was initiated by non-clinical staff and continues to be warranted

Suicide Watch was initiated on: 07/23/2019 01:40

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M

Facility: NYM

Unit Team: 5

Date: 07/23/2019 10:09

Provider: [REDACTED], [REDACTED] PsyD

Completed by [REDACTED], [REDACTED] PsyD on 07/23/2019 15:38

**Bureau of Prisons
Psychology Services
Post Suicide Watch Report**

SENSITIVE BUT UNCLASSIFIED

Inmate Name: EPSTEIN, JEFFREY EDWARD	Reg #: 76318-054
Date of Birth: [REDACTED]	Sex: M Facility: NYM Unit Team: 5
Date: 07/24/2019 09:23	Provider: [REDACTED] Ph.D.

Watch Start Date: 07/23/2019 01:40	Watch Stop Date: 07/24/2019 08:45
Total Time on Watch: 31 hrs 5 minutes	
Watch Conducted By: Both inmates and staff	Transferred to Medical Center: No

Current Mental Status

Level of Consciousness: Alert and Oriented
Psychomotor Activity: Normal
General Appearance: Normal
Behavior: Cooperative
Mood: Appropriate to Content
Thought Process: Goal Directed
Thought Content: Normal

Current Mental Status: Mr. EPSTEIN was alert and oriented. He was polite, calm, and cooperative in demeanor. He exhibited a neutral affect with appropriate range. Eye contact and hygiene were appropriate. The inmate spoke with normal rate, tone, and volume. His thoughts were organized and coherent, with no loosening of associations or tangential, circumstantial, or irrelevant content. There was no evidence of perceptual disturbance, delusional ideation, or a formal thought disorder. He did not engage in any bizarre or inappropriate behavior. He noted having normal sleeping and eating habits. Mr. EPSTEIN explicitly denied recent and current suicidal ideation, planning, and intent. He was future-oriented and expressed a commitment to life and safety, agreeing to contact staff immediately should he experience suicidal ideation or psychological distress. He also denied thoughts of harming others.

Risk Factors Assessed:

This writer screened the inmate for a variety of empirically validated factors commonly associated with risk for self harm.

The following **STATIC** risk factors were assessed to be present and increase the inmate's risk for engaging in suicide related behaviors: High Profile Crime, Lack of family connections, Sex offender status

The following **DYNAMIC** risk factors were assessed to be present and increase the inmate's risk for engaging in suicide related behaviors: Current physical pain, Fear for own safety

The following **PROTECTIVE** factors were assessed to be present and may decrease the inmate's risk of suicide: Able to identify reasons to live, Adequate problem solving skills, Denial of suicidal ideation/intention/plans, Future orientation, View of death as negative, Willingness to engage in treatment

Risk Factors: Mr. EPSTEIN has a significant scar around his neck, which is now scabbing over. He reported swelling in this area but denied experiencing any related pain. Mr. EPSTEIN continues to claim a lack of memory for the incident resulting in this scar. The story he provided was vague, such that this writer challenged him a couple of times, but he insisted he was being honest about his lapse in memory. The nature of the incident remain unclear. Mr. EPSTEIN is incarcerated for a very high profile crime with media attention. He was recently denied bail. He also reported difficulty managing his time in the SHU. He reported being fearful for his safety if he is to return to the cell with his previous cell mate.

Protective Factors: Mr. EPSTEIN adamantly denied current suicidal ideation or intent or a history of suicide attempts. He stated, "I have no interest in killing myself." He explained, although his situation is "not perfect" due to his being incarcerated, he noted he has "lots to do for [his] legal case." He described having a "wonderful life," to include interactions with "interesting people and projects." He said "it would be crazy" to take his life. He furthered, "I would not do that to myself." He denied feelings of hopelessness, although did report being "depressed" and "unhappy" about his current legal situation. He previously denied a history of childhood abuse. He reported he is sleeping adequately now that he is no longer in the SHU. He appear future-oriented as he endorsed an interest in being housed in general population.

Weighing of Risk and Protective Factors: Mr. EPSTEIN adamantly denied suicidality. However, in light of his vague self-report regarding the incident which precipitated his placement on Suicide Watch, combined with his fear for his own safety, reported

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M

Facility: NYM

Unit Team: 5

Date: 07/24/2019 09:23

Provider: [REDACTED]

difficulty managing his time in the SHU, and the high profile nature of his alleged offense, Mr. EPSTEIN will be stepped down from Suicide Watch to Psychological Observation.

Changes in Risk Factors Assessed

Upon a review of the log book, it was indicated Mr. EPSTEIN has been speaking to the inmate companions about having previously taught mathematics and physics. He has been observed pacing the cell as well as sleeping, eating, and drinking within normal limits.

Upon interview today, Mr. EPSTEIN requested he be provided a toothbrush as well as a shower. His requests were made known to the lieutenants and he was provided a shower prior to attending his legal visit. This writer also provided him a toothbrush, toothpaste, and hygiene products.

Asked about the alleged incident which transpired yesterday resulting in his placement on Suicide Watch, Mr. EPSTEIN said he is frustrated he has been placed in a "punishment cell for no reason." Specifically, Mr. EPSTEIN was referring to his placement in the SHU. Asked to recall the events surrounding the alleged incident, Mr. EPSTEIN said his cell mate was "playing with a bed sheet" and he claimed he does not recall the events thereafter. He said he recalled eating meat and drinking water and claimed the next event for which he has memory is his hearing himself snore and waking up on a stretcher.

Mr. EPSTEIN claimed he does not recall himself or his cell mate tying a string or rope around his neck. He said he has "been trying to remember" and "wracking his mind." Asked if he experienced any interpersonal issues with his cell mate, Mr. EPSTEIN described his cell mate as "agitated" and claimed his cell mate called him a "pedophile" for the first time yesterday. His cell mate was also reportedly reading a newspaper article about Mr. EPSTEIN, which bothered him and it was something he believed to be "strange" for their to be an article about him in his cell. Mr. EPSTEIN recalled throwing away the newspaper photograph of himself by crumpling it and flushing it down the toilet. Asked if his cell mate ever threatened to harm him, he denied this to be the case. Asked why he told the inmate companions yesterday his cell mate tried to kill him, while also claiming no memory of the incident, Mr. EPSTEIN again said he did not recall the incident and further stated, "I don't know if he put it there as a joke." Mr. EPSTEIN explained he had been experiencing difficulty sleeping in his SHU cell due to his inmate peers banging on the cell door and window, but has not been experiencing any other acute issues other than this.

Reason for Removal from Watch

Mr. EPSTEIN stated, "I have no interest in killing myself." He explained although his situation is "not perfect" due to his being incarcerated, he noted he has "lots to do for [his] legal case." He described having a "wonderful life," to include interactions with "interesting people and projects." He said "it would be crazy" to take his life. He furthered, "I would not do that to myself." Mr. EPSTEIN did express a feeling of safety being housed on Psychological Observation rather than in the SHU. He asked if he could remain on this status for a couple of days, he was advised his housing situation will be re-evaluated on a day-to-day basis. He expressed a desire to be housed in general population rather than in the SHU and asked if there were a "safer" unit for him to be housed in comparison to the one where he was initially placed. Mr. EPSTEIN claimed there were many MS-13 gang members on the initial unit. He was advised he will be maintained on Psychological Observation in the near future, but his long-term housing situation will be revisited, as it is not ideal for one to remain in isolation on Psychological Observation for extended periods of time. Mr. EPSTEIN acknowledged this information and thanked this writer for her explanation and time.

Diagnosis:

No Diagnosis, No Dx - Current

Conclusions

The Overall Acute Suicide Risk for this Inmate is: Low
Overall Chronic Suicide Risk for this Inmate is: Absent

Recommendations

1. Mr. EPSTEIN will be removed from Suicide Watch and stepped down to Psychological Observation.
2. While on Psychological Observation, he will be continuously observed by Inmate Companions.
3. While on Psychological Observation, he will be seen daily by Psychology.
4. Supportive and educative interventions were provided.
5. Mr. EPSTEIN was provided novels and a request was made for his legal paperwork to be provided to him on Psychological

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M

Facility: NYM

Unit Team: 5

Date: 07/24/2019 09:23

Provider: [REDACTED]

Observation.

6. This writer contacted the Pharmacy to indicate Mr. EPSTEIN has not been receiving his medication used to alleviate his constipation.
7. Mr. EPSTEIN attended a legal visit today, after having been provided a shower.
8. Mr. EPSTEIN was educated about both routine and emergency procedures for contacting psychology.
9. The inmate was encouraged to reach out for PRN services should he experience any psychological distress.

Completed by [REDACTED] on 07/24/2019 12:09

Bureau of Prisons
Psychology Services

SENSITIVE BUT UNCLASSIFIED

Clinical Intervention - Clinical Contact

Inmate Name: EPSTEIN, JEFFREY EDWARD

Reg #: 76318-054

Date of Birth: [REDACTED]

Sex: M

Facility: NYM

Unit Team: 5

Date: 07/25/2019 10:14

Provider: [REDACTED]

Focus of Session

Inmate Epstein was seen by this writer this morning while on psychological observation in the hospital area of the prison.

Subjective/Objective Presentation

Inmate Epstein was in good spirits today and engaged in reciprocal conversation with this writer this morning. He smiled and remarked, "welcome back" when this writer arrived. He continues to assert he does not remember how he received marks around his neck, remarking "I do not remember anything, maybe you can give me some cues." He stated he just remembers going for a drink of water and the next thing he knew he woke up to the sound of his own snoring. When this writer attempted to get a more detailed account from him, indicating that it would be rare to have such impairments in memory as he does not suffer from an acute cognitive disorder, he smiled and said he understood my position.

Inmate Epstein did reveal he is unhappy with his current confinement in Special Housing (SHU) as he considers it "a punishment cell." He said he finds the restrictions up there unfair as he has not done anything wrong. Inmate Epstein stated he feels it is dangerous in the SHU, he cannot sleep well up there due to noise from the other inmates, it smells, and it is difficult for him to work on his legal case up there. He stated he has not received the phone calls he was promised nor has he been able to receive recreation. It was explained to him that he spends the entire day in the attorney conference room and it is likely that he has missed the times when staff members have attempted to give him phone calls and recreation. Inmate Epstein also reported complaints about the attorney conference room, stating they do not take him to the bathroom frequently enough.

Inmate Epstein adamantly denied any suicidality at this time, stating "I am too vested in my case to fight it, I have a life and I want to go back to living my life." He denied any acute symptoms at this time.

According to his log book, he has been eating, drinking, sleeping, and interacting with the inmate companions. He has also been attending his daily legal visits.

Intervention(s)

Inmate EPSTEIN was provided with brief supportive interventions and psychoeducation regarding additional coping strategies. Inmate EPSTEIN was mostly receptive to these interventions. He requested to be housed in general population rather than the SHU and stated he wanted to remain on psychological observation due to his concerns with being in the SHU.

Progress/Plan

In an abundance of caution, inmate Epstein will remain on psychological observation. He has yet to give an account of how he sustained the marks around his neck, is not revealing much about his mental status, and there are concerns about his adjustment at this time to being housed in the SHU. Inmate Epstein will be seen daily by psychology while on psychological observation.

Completed by [REDACTED] on 07/25/2019 10:43

**Bureau of Prisons
Psychology Services
Clinical Intervention - Clinical Contact**

SENSITIVE BUT UNCLASSIFIED

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054
Date of Birth:	██████████	Sex:	M
Date:	07/26/2019 09:09	Facility:	NYM
		Unit Team:	5
		Provider:	██████████ ██████████ ██████████

Focus of Session

Inmate Epstein was seen while on psychological observation in our hospital area.

Subjective/Objective Presentation

Prior to this writer's contact with him, Inmate Epstein showered and dressed himself for his legal visit today. He was smiling and did crack some jokes during the interview. He did elucidate some complaints and suggested being disappointed with this writer as he wants "to trust me and for me to trust him." He stated he remains unhappy with legal visiting procedures as he cannot go to the bathroom as frequently as he would like to since he has a "weak bladder." Inmate Epstein also reported since coming to the psychological observation area, he has felt constipated and needs his Colace. He had self-carry Colace in SHU, but since coming to the observation area, he has not had his medication. This writer immediately notified medical and his pills were being processed during the interview. Inmate Epstein also continues to complain about the conditions of SHU confinement (i.e., feeling punished, smells, noise, and restrictions).

With regard to the events which lead to his initial placement on suicide watch, inmate Epstein stated he has no memory of the event. He asked to speak with his old cellmate "Nick" to see if he can tell him what happened or see if his memory could be triggered. He remarked, "I am still trying to figure out how I got this (pointing to the scab around his neck)." Inmate Epstein denies remembering harming himself and/or being harmed by his cellmate. He does not exhibit symptoms of any cognitive disorder, seizure disorder, psychotic disorder, or dissociative disorder at this time or in the past. Inmate Epstein denied any current suicidal ideation, intention, or plan. He reported wanting to be alive to fight his legal case and go back and live life. He referred to himself as "a coward" and "I'm Jewish." He said he is not the type who likes pain or would ever attempt to harm himself.

While on psychological observation, inmate Epstein has been eating his meals, sleeping and interacting with the inmate companions. He is in legal visiting the majority of the day and in the evenings. His log book and eating/shower chart reflect the same. He has been speaking to inmate companions about investment strategies and about prison adjustment. Correctional Staff report during his legal visits, he is interacting with his attorney, animated, laughing, and joking.

Intervention(s)

Inmate Epstein was provided with supportive and coping skills interventions today. He was receptive to them, but mostly wanted to express his complaints about his current prison confinement status and needs. He wanted this writer to address them.

Progress/Plan

Inmate Epstein will remain on psychological observation in an abundance of caution and pending housing arrangements to be made on Monday. He continues to be vague and reports memory deficits regarding the events which lead to a piece of sheet being placed loosely around his neck and marks with scabs around his neck.

Completed by ██████████ ██████████ ██████████ Psychologist on 07/26/2019 10:05

Bureau of Prisons
Psychology Services

SENSITIVE BUT UNCLASSIFIED

Clinical Intervention - Clinical Contact

Inmate Name:	EPSTEIN, JEFFREY EDWARD	Reg #:	76318-054				
Date of Birth:	[REDACTED]	Sex:	M	Facility:	NYM	Unit Team:	5
Date:	07/27/2019 07:14	Provider:	[REDACTED], [REDACTED]		PsyD		

Focus of Session

He was seen by writer while he was on Psych Observation.

Subjective/Objective Presentation

The "Eating/Shower Chart" indicated yesterday he ate dinner, drank liquids, and took a shower when offered. The Psych Observation Log noted he brushed his teeth, went to a Legal visit, talked about business and investing to an Inmate Companion, ate, and slept.

When interviewed, he stated he still cannot remember what happened in SHU that caused the marks on his neck. He stated that for the 5 days before that he had only slept about 30 minutes each night because of noise in SHU. He stated he is anxious about going back to SHU because he stated he is going back to a place where he had gotten marks on his neck and he does not know why it happened.

He said he has an appetite and is eating. He said he is waking up every 1 1/2 hours. He stated he feels dehydrated because he is not drinking enough water because he stated he feels he is not given enough bathroom breaks while with his Attorney. Medical was e-mailed with his complaint of feeling dehydrated. He said his Lawyers and friends are all emotionally supportive.

Current Mental Status: He exhibited a neutral mood with a mildly full range of affect. His speech was logical and coherent, with no loosening of associations or tangential, circumstantial or irrelevant speech. Auditory and visual hallucinations were denied, and delusions were not elicited. He did not engage in any bizarre or inappropriate behavior. He denied current suicidal or self harm ideation. He stated "I'm a coward." He added he does not like pain and even does not like when he has to give blood. He agreed to immediately tell staff and Inmate Companions if he starts to have suicidal or self harm thoughts. He was future oriented. He does not appear to be an immediate danger to self. He denied thoughts of hurting others and he agreed to tell staff and Inmate Companions if he has these thoughts.

Intervention(s)

Supportive and educative interventions were provided. He was given Turning Points handouts on stress management, sleep, and building a routine in SHU. He stated he wants it noted in his chart that he is being given a pamphlet on sleep, but that is not going to help because of the noise in SHU that prevents him from sleeping.

Progress/Plan

He will remain on Psych Observation in an abundance of caution and pending housing arrangements to be made on Monday. While on Psych Observation, he will be seen daily by Psychology.

Completed by [REDACTED], [REDACTED] PsyD on 07/27/2019 08:16

**Bureau of Prisons
Health Services
See Amendment**

Inmate Name: EPSTEIN, JEFFREY EDWARD
Date of Birth: [REDACTED]
Encounter Date: 07/27/2019 07:14

Sex: M

Reg #: 76318-054
Race: WHITE
Facility: NYM

Amendment made to this note by [REDACTED], [REDACTED] PsyD on 07/28/2019 09:19.