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Persons scheduled for skin testing should not take antihistamines or medications containing them for at least 3 but preferably 5 days before being tested. Antihistamines are often found in cold or allergy medicines. You may continue to take decongestants, mucus thinners and most nasal sprays.

**YOU MUST CONTINUE TO TAKE ASTHMA MEDICATIONS AND DRUGS FOR ALL OTHER MEDICAL CONDITIONS.**

Some of the available antihistamines are listed below.

*Store brands are not listed so check the ingredients or ask your pharmacist.*

ACTIFED	DRISTAN
ALLEGRA	FEXOFENADINE
ALLEGRA-D	HYDROXYZINE
ALLERX	LORATIDINE
ATARAX	NOLAMINE
ATROHIST	OPTIMINE
ASTELIN	PATANASE
ASTEPRO	PBZ
AZATIDINE	PERIACTIN
BENADRYL	PHENERGAN
BROMPHED	PROMETHAZINE
BROMPHENIRAMINE	RONDEC
CARBINOXAMINE	SEMPREX-D
CETRIZINE	TAVIST
CHLORPHENIRAMINE	TAVIST-D
CHLORTRIMETON	TELDRIN
CLARINEX	TRINALIN
CLARINEX-D	TRIPLENNAMINE
CLEMASTINE	TRIPROLIDINE
COTYLENOL	TYLENOL PM
CYPROHEPATIDINE	UNIDECON
DESLORATIDINE	VISTARIL
DIMETANE	XYZAL
DIMETAPP	ZYRTEC
DIPHENHYDRAMINE	ZYRTEC-D