

Patient Name _____

Date _____

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- ⓪ The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- ③ The pain is moderate and does not vary much.
- ④ The pain comes and goes and is very severe.
- ⑤ The pain is very severe and does not vary much.

Sleeping

- ⓪ I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%.
- ④ Because of pain my normal sleep is reduced by less than 75%.
- ⑤ Pain prevents me from sleeping at all.

Sitting

- ⓪ I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- ③ Pain prevents me from sitting more than 1/2 hour.
- ④ Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

Standing

- ⓪ I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- ③ I cannot stand for longer than 1/2 hour without increasing pain.
- ④ I cannot stand for longer than 10 minutes without increasing pain.
- ⑤ I avoid standing because it increases pain immediately.

Walking

- ⓪ I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

Personal Care

- ⓪ I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- ② Washing and dressing increases the pain but I manage not to change my way of doing it.
- ③ Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- ④ Because of the pain I am unable to do some washing and dressing without help.
- ⑤ Because of the pain I am unable to do any washing and dressing without help.

Lifting

- ⓪ I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor.
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ④ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

Traveling

- ⓪ I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- ② I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- ③ I get extra pain while traveling which causes me to seek alternate forms of travel.
- ④ Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

Social Life

- ⓪ My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- ③ Pain has restricted my social life and I do not go out very often.
- ④ Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

Changing degree of pain

- ⓪ My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- ② My pain seems to be getting better but improvement is slow.
- ③ My pain is neither getting better or worse.
- ④ My pain is gradually worsening.
- ⑤ My pain is rapidly worsening.

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 100

Back
Index
Score



Patient Name _____

MRN # _____

When did your symptoms start? _____

Briefly describe your symptoms _____

How did your symptoms start? _____

Average pain intensity last 24 hours: 0 1 2 3 4 5 6 7 8 9 10

Average pain intensity past week: 0 1 2 3 4 5 6 7 8 9 10

How often do you experience your symptoms? (*please circle one*)

1 – Constantly (76% - 100% of the time)

2 – Frequently (51% - 75% of the time)

3 – Occasionally (26% - 50% of the time)

4 – Intermittently (0% - 25% of the time)

How much have your symptoms interfered with your daily activities? (*please circle one*)

1 – Not at all 2 – A little bit 3 – Moderately 4 – Quite a bit 5 – Extremely

How is your condition changing, since care at *this* facility? (*please circle one*)

N/A – This is the initial visit 1 – Much worse 2 – Worse 3 – A little worse

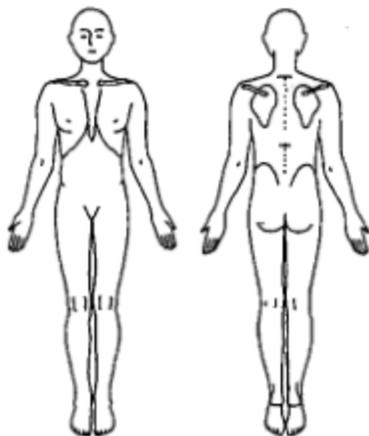
4 – No change 5 – A little better 6 – Better 7 – Much better

In general, would you say that your overall health right now is...(*please circle one*)

1 – Excellent 2 – Very good 3 – Good 4 – Fair 5 – Poor

What makes it feel better? _____ What makes it feel worse? _____

Have you had any treatment for this problem? (*describe*): _____



Please draw your symptoms on the chart.

Key:

Pain: (XXXX) Numbness/tingling: (////////)

Muscle Spasm: (ZZZZ) Radiating symptoms: (→→→)

Please rate your pain on a scale of 0-10.

(0=no pain, 10=requires Emergency Room visit):

Currently _____

At best, in the last 72 hours _____

At worst, in the last 72 hours _____

Are you allergic to latex? ____YES ____NO

Do you have any special equipment? (**canes, crutches, walker, exercise equipment**) _____

Do you do any regular exercise? If so, describe: _____

NOTICE OF PRIVACY PRACTICES

ACKNOWLEDGEMENT OF RECEIPT

DATE: _____

I acknowledge that I was provided with a copy of the ColumbiaDoctors Notice of Privacy Practices.

Patient Name (Print)

Patient Signature

If completed by a patient's personal representative, please print and sign your name in the space below

Personal Representative (Print)

Personal Representative's Signature

Relationship

For ColumbiaDoctors use only

Complete this section if this form is not signed and dated by the patient or patient's personal representative.

I have made a good faith effort to obtain a written acknowledgement of receipt of ColumbiaDoctors Notice of Privacy Practices but was unable to for the following reason:

- Patient refused to sign
- Patient unable to sign
- Other _____

Employee Name

Date

This form should be placed in the patient's medical record

Patient Name: _____

Unit #: _____

Drug name	Dosage

Family History

Illness	Yes	Relative	Illness	Yes	Relative
diabetes			drinking		
stroke			breast cancer		
heart disease			colon cancer		
high blood pressure			ovarian cancer		
aneurysm			other		

Social History

Habits					
smoking	yes ___ no ___	packs per day	_____	years	_____
alcohol	yes ___ no ___	drinks per day	_____	years	_____
drug use	yes ___ no ___				
Personal Profile					
marital status: married ___ single ___ widowed ___ divorced ___ number of children _____					
occupation: _____ education: _____					
other: _____					

Signature of patient: _____ Date: _____

Date reviewed by patient: _____

Physician signature: _____ Date: _____

Patient Name: _____

Unit #: _____

bruises, frequent
enlarged lymph nodes

<input type="checkbox"/>	<input type="checkbox"/>
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Continue to page 3

Allergic/Immunologic	Yes	No	Notes
allergies	<input type="checkbox"/>	<input type="checkbox"/>	
drugs, other	<input type="checkbox"/>	<input type="checkbox"/>	

Skin	Yes	No	Notes
new rashes/skin lesions	<input type="checkbox"/>	<input type="checkbox"/>	

Other Personal History

Operations/ Hospitalizations

Reason	Date	Reason	Date

Injuries/Illnesses

Type	Date

Current Medications

Drug name	Dosage

Patient Name: _____

Unit #: _____

Continue to page 2

Gastrointestinal	Yes	No	Notes
severe abdominal pain	_____	_____	
diarrhea	_____	_____	
bloody stool	_____	_____	
nausea/vomiting	_____	_____	
constipation	_____	_____	
Genitourinary			
blood in urine	_____	_____	
painful urination	_____	_____	
urgency/frequency	_____	_____	
incomplete emptying	_____	_____	
painful intercourse	_____	_____	
For Females			
abnormal periods	_____	_____	
last menstrual cycle	_____	_____	
Musculoskeletal/Neurological			
muscle weakness	_____	_____	
trouble walking	_____	_____	
swelling	_____	_____	
stroke or seizures	_____	_____	
head, neck, or back injuries	_____	_____	
chronic pain	_____	_____	
"pins and needles" feeling	_____	_____	
loss of sensation/numbness	_____	_____	
headaches	_____	_____	
dizziness	_____	_____	
Psychiatric			
depression/anxiety	_____	_____	
psychiatric disorder	_____	_____	
sleep problems	_____	_____	
Endocrine/Renal			
dry skin	_____	_____	
abnormal thirst	_____	_____	
hot flashes	_____	_____	
diabetes	_____	_____	
adrenal or thyroid disease	_____	_____	
kidney disease/failure	_____	_____	
hepatitis/jaundice/cirrhosis	_____	_____	
Hematologic/Lymphatic			
anemia/low blood count	_____	_____	
bleeding ulcers	_____	_____	
sickle cell disease	_____	_____	

Patient Name: _____

Unit #: _____

<u>Review of Systems</u>	Please check (x) if any of the following apply to you now, in the past, or often.	
	Yes	No
	Notes	

Current weight: _____

Height: _____

weight loss/weight gain		
fever		
fatigue		

<u>Eyes</u>		
double vision		
spots before eyes		
vision changes		
dry eyes		
glaucoma/cataracts		

<u>Ent/Mouth</u>		
ear aches		
ringing in ears		
sinus problems		
sore throat		
mouth sores		
dental problems		
difficulty swallowing		

<u>Cardiovascular</u>		
painful breathing		
chest pain		
or shortness of breath		
atrial fibrillation		
or irregular heartbeat		
swelling of legs		
high cholesterol		
high blood pressure		
heart murmur/heart failure		
heart attack or angina		

<u>Respiratory</u>		
shortness of breath/		
swollen ankles		
wheezing/cough		
spitting up blood		
tuberculosis (tb)		
smoked in the last year		



_____, M.D.
Neurosurgical Associates, P.C.
710 West 168th Street
New York, NY 10032

UNIT # _____

MARKETING PATIENT SURVEY

Please take the time to fill out the following information, so we may better serve you and future patients. All information will be kept anonymous.

Patient Name: _____ (not required) Your Doctor: _____

1. Who was your source of referral or how did you find out about us? Please select all that apply and indicate below.

- Family/Friend: _____
- Physician: _____
- Print Media: _____
- Website/Search engine: _____
- Social Media: _____
- Other: _____

2. Did you visit our website (www.columbianeurosurgery.org)? If so, which page(s) or video(s) were helpful?

- Doctor's Bio Page
- Medical Conditions and Treatments Page
- Specialties Page
- Doctor's Video
- Patient Testimonial Video
- Blog
- Other: _____

3. Did you visit a patient review site (i.e. Healthgrades.com) about our doctor before you came in?

- Yes
 - If yes, which patient review website(s) did you visit?
 - Healthgrades.com Vitals.com RateMds.com Other: _____
- No

4. Would it be ok for a representative from the marketing department to contact you for your opinion or feedback?

- Yes Texts: (_____) _____ - _____ Emails: _____
- No



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Neurosurgical Associates, P.C.
710 West 168th Street
New York, NY 10032

UNIT # _____

PATIENT FINANCIAL OBLIGATION AGREEMENT

I understand that all applicable copayments and deductibles are due at the time of services. I agree to be financially responsible and make full payment for all charges not covered by my insurance company. I authorize my insurance benefits to be paid directly to Neurosurgical Associates, P.C. for services rendered. I authorize representatives of Neurosurgical Associates/Columbia University Medical Center to release pertinent medical information to my insurance company when requested or to facilitate payment of a claim. If my current policy prohibits direct payment to the doctor, I will forward the check and explanation of benefits to Neurological Associates.

Patient Signature: _____

Date: ____/____/____

Guarantor Signature: _____

Date: ____/____/____

I am aware that _____, M.D. does not participate with my Commercial Insurance and is an Out-of-Network Provider.

Patient Signature: _____

Date: ____/____/____

MYCOLUMBIADOCTORS PATIENT PORTAL SIGN UP

Access your personal records securely, 24/7, on a computer, smartphone, or iPad.

- YES, Send me an invitation to join myColumbiaDoctors. Email: _____
- NO, do not send me an invitation to join myColumbiaDoctors.

Look for an email invite from noreply@followmyhealth.org and click the registration link.

Patient's Preferred Language _____ I decline to respond.

Patient Signature: _____ Date: ____/____/____



_____, M.D.
Neurosurgical Associates, P.C.
710 West 168th Street
New York, NY 10032

UNIT # _____

PATIENT INFORMATION

Date: ____/____/____

Patient Name:

(Last Name)

(First Name) (Middle Initial)

Date of Birth: ____/____/____ Sex: M F

Address: _____

City: _____

State: _____ Zip: _____

Home #: (____) _____ - _____

Cell #: (____) _____ - _____

Email: _____

Father's First Name: _____

Mother's First Name: _____

Employer's Name: _____

Occupation: _____

Work #: (____) _____ - _____

Fax #: (____) _____ - _____

Spouse Name: _____

(Last Name)

(First Name)

Date of Birth: ____/____/____

Cell #: (____) _____ - _____

Email: _____

If different than patient:

Guarantor's Name: _____

(Last Name)

(First Name)

Date of Birth: ____/____/____ Sex: M F

Cell #: (____) _____ - _____

INSURANCE

Primary Insurance: _____

Policy #: _____

Group #: _____

Phone #: (____) _____ - _____

Secondary Insurance: _____

Policy #: _____

Group #: _____

Phone #: (____) _____ - _____

Check if apply and answer the following questions:

Workers Compensation

Auto Accident/NoFault

Date of Accident: ____/____/____

Carrier Name: _____

Representative Name: _____

State of Accident: _____

Policy #: _____

Address: _____

Phone #: (____) _____ - _____

REFERRING PHYSICIAN

Referring Physician Name: _____

Address: _____

Phone #: (____) _____ - _____

Primary Care Physician Name: _____

Address: _____

Phone #: (____) _____ - _____

Pharmacy Name: _____

Address: _____

Phone #: (____) _____ - _____

Patient Request for Unencrypted Email Communication

Patient Name: _____ Date of Birth: _____

Phone Number: _____ Email Address: _____

This form authorizes your provider/program to communicate with you via unencrypted email.

I understand that communications over the Internet or use of an email system may not be secure and there is no assurance of confidentiality when communicating via unencrypted email.

Please be advised that:

- This request applies only to the healthcare provider or program stated below. A separate form is required if you would like to request to communicate via unencrypted email with another health care provider or program.
- An email address must be provided
- A test email is recommended before corresponding via email.

I understand and agree to the following:

- The email address provided is accurate and I accept responsibility for messages sent to or from this email address.
- I have received a copy of the IMPORTANT INFORMATION ABOUT PATIENT EMAIL form.
- Communication over the internet or using unencrypted email may not be secure and there is no assurance of confidentiality of information communicated via unencrypted email.
- Email communications may be forwarded to other providers and documented in my medical record for my treatment.
- I have the right at any time to revoke this authorization by contacting my provider and informing them that I wish to revoked my authorization.
- I agree to hold ColumbiaDoctors and individuals associated with ColumbiaDoctors harmless from any and all claims and liabilities arising from or related to this request to communicate via unencrypted email.

Signature of patient

Date

Name of Physician or Program



THE SPINE CENTER at

The Neurological Institute
710 West 168th Street, 5th Floor
New York, NY 10032

Telephone: (212) 305-9625 Fax: (212) 342-1540

We are looking forward to working with you!

For your first appointment, please:

- Arrive 15 minutes prior your appointment time
- For low back treatment: please bring you loose clothing and sneakers. example: (shorts, sweat pants, t-shirt)
- For neck treatment: please bring t-shirt or tank top

For your insurance coverage please bring:

- All of your insurance cards
- A physical therapy prescription that is filled out, dated and signed by your doctor every 3 months
- A filled-out physical therapy "pre-authorization form" with your primary care physician's signature and telephone number on it, if this is required by your insurance company

****Notice of Advise:**

- At the time of your Physical Therapy visit, if you do not have a referral from you physician or nurse practitioner your **treatment may not be covered** by your health plan. It is your (*patients*) responsibility to obtain all referrals if required by your health insurance policy up to date.

Policy for ALL your therapy appointments:

- We urge you to keep all of your scheduled therapy sessions and to be on time.

If you miss appointments:

- If you miss 2 or more appointments, your therapy sessions may be cancelled.

If you are late for an appointment:

- If you are 10 or more minutes late, you session may either be shortened or rescheduled. Please be on time for all appointments because other patients are scheduled after you.

If you need to cancel or change an appointment:

- If you must cancel or change you appointment, please call us at least 24 hours before your scheduled appointment at 212-305-9625. This will give us enough time to give your time slot to someone else.

I have read the physical therapy policies and understand them.

****Assignment of Benefits for Physical Therapy:** I hereby authorize assignment of payment directly to Neurosurgical Associate, PC at The Spine Center. If my current policy prohibits direct payment to the providers, I will forward a check to the above address. I understand that I am financially responsible for charges that are not covered by my insurance. I understand that if I do not have a referral from a physician, podiatrist, or nurse practitioner, there is a possibility that treatment may not be covered by my health care plan insurer and that my treatment by be a covered expense if rendered pursuant to such referral. *I am fully aware that I am fully responsible for fees denied or not covered by my insurance.*

Patient Signature/Guardian Signature

Date

Thank you very much. We appreciate your cooperation.