

Name:

DOB:



# ColumbiaDoctors

## Adult New Patient Intake Form

### Patient Information

Last Name: EPSTEIN First Name: JEFFREY DOB: JAN. 20, 1953  
 Gender: M Home Phone: [REDACTED] Mobile Phone: [REDACTED]  
 Preferred Phone: Home or Mobile (circle one) Email: jeevacation@gmail.com  
 Emergency Contact: KARYNA SHULIAK Relationship: FRIEND  
 Emergency Contact Phone: [REDACTED] Patient Marital Status: SINGLE  
 Occupation: BANKER Employer: STC SOUTHERN TRUST CO.  
 Primary Care Provider (PCP): UNITED HEALTHCARE PCP Phone: 800-782-3740  
 Referring Provider: DR. HARRY FISCH Referring Phone: [REDACTED]  
 Preferred Pharmacy: VITAHEALTH Pharm Phone: 212-628-1110  
 Preferred Pharmacy Address: 1235 1<sup>ST</sup> AVE. (BTWN 46<sup>TH</sup> & 67<sup>TH</sup>) NY

Please list ALL active treating physicians (i.e. pulmonologist, oncologist, internist, cardiologist, etc...)

Doctor's Name: DR. RONY SHIMONY Specialty: CARDIOLOGIST

Doctor's Name: DR. BRUCE MOSKOWITZ Specialty: INTERNIST

Doctor's Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Collection of the following information is encouraged by federal health agencies. This information is used to monitor and improve the quality of care provided to all patients.

#### Ethnicity:

- Decline Response
- Hispanic or Latino
- Not Hispanic or Latino

#### Race:

- Decline Response
- American-Indian or Alaska Native
- Asian

- Black or African American
- Native Hawaiian or Pacific Islander
- White
- Other

Preferred Language: \_\_\_\_\_

- Decline Response

### Patient Financial Obligation Agreement

I understand that all applicable copayments and deductibles are due at the time of service. I agree to be financially responsible and make full payment for all charges not covered by my insurance company. I agree to be financially responsible and make full payment for all charges not covered by my insurance company. I authorize my insurance benefits be paid directly to ColumbiaDoctors for services rendered. I authorize representatives of ColumbiaDoctors to release pertinent medical information to my insurance company when requested or to facilitate payment of a claim.

### Notice of Privacy Practices: Acknowledgement of Receipt

I acknowledge that I was provided with a copy of the ColumbiaDoctors Notice of Privacy Practices (NOPP).

- Received
- N/A (only if you received the notice from ColumbiaDoctors previously)

### Information Disclosure and Consent

ColumbiaDoctors will provide you with the health plans that your provider(s) accepts\*. If you decide to be treated by a provider who does not accept your health plan, you will be asked to sign a consent form agreeing that you accept treatment from that provider.

*I read and agree to all of the above (Financial Agreement, Notice of Privacy, Insurance Information).*

Patient or Legal Guardian Name (Print): JEFFREY EPSTEIN

Patient or Legal Guardian Signature: \_\_\_\_\_ Date: FEB. 14, 2018

\*Please refer to our website: [columbiadoctors.org](http://columbiadoctors.org), for a list of insurances accepted by your provider.

Name:

DOB:



Reason for today's visit:

General Medical Questionnaire

Have you EVER had any of the following?

- Asthma/Breathing Problems.....  Y  N     Heart Disease/Disorder .....  Y  N
- Arthritis.....  Y  N     Lung Disorder.....  Y  N
- Bleeding/Clotting Disorder.....  Y  N     Liver Disease .....  Y  N
- Blood Pressure Disorder.....  Y  N     Neurological Disorder/Chronic Headaches..  Y  N
- Blood Transfusion .....  Y  N     Psychiatric Disorder/Illness.....  Y  N
- Bowel/Stomach Problems.....  Y  N     Pulmonary Embolism/DVT .....  Y  N
- Cancer.....  Y  N     Stroke.....  Y  N
- Cholesterol Disorder .....  Y  N     Seizure or Epilepsy .....  Y  N
- Diabetes.....  Y  N     Thyroid Disorder .....  Y  N
- Eye Disorder (i.e. Glaucoma, cataract).....  Y  N     Urinary/Kidney Disorder .....  Y  N
- Women Only:** Gynecological Issues.....  Y  N

Please list any other medical illnesses or problems and provide details for any of the above conditions:

---



---



---

Please list all past surgeries and hospitalizations and the approximate date.

| Procedure/ Hospitalization | Date | Complications |
|----------------------------|------|---------------|
|                            |      |               |
|                            |      |               |
|                            |      |               |
|                            |      |               |
|                            |      |               |
|                            |      |               |
|                            |      |               |
|                            |      |               |

Please indicate any major conditions/illnesses that your immediate family members have had:

| Relative | Condition and description | Living?   | If deceased, at what age? |
|----------|---------------------------|---|---------------------------|
| Mother   |                           | <input type="checkbox"/> Y <input type="checkbox"/> N |                           |
| Father   |                           | <input type="checkbox"/> Y <input type="checkbox"/> N |                           |
| Sibling  |                           | <input type="checkbox"/> Y <input type="checkbox"/> N |                           |
| Other:   |                           | <input type="checkbox"/> Y <input type="checkbox"/> N |                           |

Do you currently smoke?  Y  N If no, previously?  Y  N Years smoked \_\_\_\_\_ Packs/day \_\_\_\_\_

Do you use other tobacco products?  Y  N Consume alcohol?  Y  N If yes, drinks/week: \_\_\_\_\_

**Women Only:** Any past pregnancies?  Y  N How many? \_\_\_\_ How many deliveries? \_\_\_\_

Name:

DOB:

**ColumbiaDoctors**Do you have any allergies to medications or other substances (pets, food, etc.)? Y N

If yes, please list allergies and reactions (including rash, hives, throat swelling, anaphylaxis):

| Allergy | Reaction | Allergy | Reaction |
|---------|----------|---------|----------|
|         |          |         |          |
|         |          |         |          |
|         |          |         |          |

Please list ALL of your current medications, including over the counter medications, supplements, and herbs:

| Medication Name | Dose | Medication Name | Dose |
|-----------------|------|-----------------|------|
|                 |      |                 |      |
|                 |      |                 |      |
|                 |      |                 |      |
|                 |      |                 |      |
|                 |      |                 |      |
|                 |      |                 |      |
|                 |      |                 |      |

**Review of Systems**

Please indicate ALL that you have experienced within the past 6 – 12 months.

**Constitutional**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Fever  | <input type="checkbox"/> Y <input type="checkbox"/> N Fatigue        | <input type="checkbox"/> Y <input type="checkbox"/> N Weight Gain (___ Lbs) | <input type="checkbox"/> Y <input type="checkbox"/> N Sleep Disturbances |
| <input type="checkbox"/> Y <input type="checkbox"/> N Chills | <input type="checkbox"/> Y <input type="checkbox"/> N Feeling Poorly | <input type="checkbox"/> Y <input type="checkbox"/> N Weight Loss (___ Lbs) | <input type="checkbox"/> Other:  |
|  | <input type="checkbox"/> Y <input type="checkbox"/> N Sweats         | <input type="checkbox"/> Y <input type="checkbox"/> N Unexp. Weight Change  |  |

**Head, Eyes, Ears, Nose, and Throat**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Y <input type="checkbox"/> N Vision Problem    | <input type="checkbox"/> Y <input type="checkbox"/> N Red Eyes       | <input type="checkbox"/> Y <input type="checkbox"/> N Congestion        | <input type="checkbox"/> Y <input type="checkbox"/> N Hoarseness      |
| <input type="checkbox"/> Y <input type="checkbox"/> N Decreased Hearing | <input type="checkbox"/> Y <input type="checkbox"/> N Eye Pain       | <input type="checkbox"/> Y <input type="checkbox"/> N Snoring           | <input type="checkbox"/> Y <input type="checkbox"/> N Ringing in Ears |
| <input type="checkbox"/> Y <input type="checkbox"/> N Double Vision     | <input type="checkbox"/> Y <input type="checkbox"/> N Runny Nose     | <input type="checkbox"/> Y <input type="checkbox"/> N Dry Mouth         | <input type="checkbox"/> Y <input type="checkbox"/> N Vertigo         |
| <input type="checkbox"/> Y <input type="checkbox"/> N Light Sensitivity | <input type="checkbox"/> Y <input type="checkbox"/> N Neck Stiffness | <input type="checkbox"/> Y <input type="checkbox"/> N Flu-Like Symptoms | <input type="checkbox"/> Y <input type="checkbox"/> N Earache         |
| <input type="checkbox"/> Y <input type="checkbox"/> N Itchy Eyes        | <input type="checkbox"/> Y <input type="checkbox"/> N Nosebleed      | <input type="checkbox"/> Y <input type="checkbox"/> N Sore Throat       | <input type="checkbox"/> Y <input type="checkbox"/> N Other:          |

**Cardiovascular**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Chest Pain   | <input type="checkbox"/> Y <input type="checkbox"/> N Cold Extremities    | <input type="checkbox"/> Y <input type="checkbox"/> N Irregular Heart Rhythm |
| <input type="checkbox"/> Y <input type="checkbox"/> N Palpitations | <input type="checkbox"/> Y <input type="checkbox"/> N Cold Hands or Feet  | <input type="checkbox"/> Y <input type="checkbox"/> N Other:                 |
| <input type="checkbox"/> Y <input type="checkbox"/> N Leg Swelling | <input type="checkbox"/> Y <input type="checkbox"/> N Leg Pain w/ Walking |  |

**Respiratory**

- |   |   |  |                          |
|---|---|--|--------------------------|
| <input type="checkbox"/> Y <input type="checkbox"/> N Shortness of Breath | <input type="checkbox"/> Y <input type="checkbox"/> N Wheezing            | <input type="checkbox"/> Y <input type="checkbox"/> N Coughing Up Blood  | <input type="checkbox"/> |
| <input type="checkbox"/> Y <input type="checkbox"/> N Cough               | <input type="checkbox"/> Y <input type="checkbox"/> N Shortness of Breath | <input type="checkbox"/> Y <input type="checkbox"/> N Coughing Up Sputum |                          |
| <input type="checkbox"/> Y <input type="checkbox"/> N Rapid Breathing     | <input type="checkbox"/> Y <input type="checkbox"/> N Chest Congestion    | <input type="checkbox"/> Other:  |                          |

**Gastrointestinal**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Y <input type="checkbox"/> N Abdominal Pain | <input type="checkbox"/> Y <input type="checkbox"/> N Diarrhea           | <input type="checkbox"/> Y <input type="checkbox"/> N Change in Bowels   | <input type="checkbox"/> Y <input type="checkbox"/> N Painful Swallowing |
| <input type="checkbox"/> Y <input type="checkbox"/> N Blood in Stool | <input type="checkbox"/> Y <input type="checkbox"/> N Black/Tarry Stools | <input type="checkbox"/> Y <input type="checkbox"/> N Vomiting Blood     | <input type="checkbox"/> Other:  |
| <input type="checkbox"/> Y <input type="checkbox"/> N Vomiting       | <input type="checkbox"/> Y <input type="checkbox"/> N Decreased Appetite | <input type="checkbox"/> Y <input type="checkbox"/> N Bowel Incontinence |  |
| <input type="checkbox"/> Y <input type="checkbox"/> N Nausea         | <input type="checkbox"/> Y <input type="checkbox"/> N Yellow Skin        | <input type="checkbox"/> Y <input type="checkbox"/> N Rectal Pain        |  |



Name:

DOB:

Constipation

Trouble Swallowing

Heartburn

**Neurological**

Headache

Unsteady

Numbness

Tremor

Dizziness

Disorientation

Tingling

Memory Lapses/Loss

Decreased Strength

Confusion

Seizures

Other:

Poor Coordination

Burning Sensation

Fainting (Syncope)

**Musculoskeletal**

Joint Pain

Limb Pain

Muscle Pain

Other:

Neck Pain

Joint Swelling

Muscle Weakness

Back Pain

Muscle Cramps

Leg Swelling

**Genitourinary**

Frequent Urination

Pelvic Pain

Painful Intercourse

Heavy Period Bleeding

Incontinence

Nocturia

Discharge- Vaginal

Other:

Urinary Urgency

Itching- Genital

Vaginal Bleeding

Painful Urination

Change in Libido

Irreg. Monthly Cycles

**Integumentary**

Rash

Skin Wound

Unusual Growth

Skin Cancer

Dry Skin

Change in A Mole

Itching

Other:

**Psychiatric**

Depression

Anxiety

Other:

**Hematologic/Lymphatic**

Easy Bruising

Easy Bleeding

Swollen Lymph Nodes

Other:

**Endocrine**

Excessive Thirst

Heat Intolerance

Changes- Skin

Cold Intolerance

Changes- Hair

Other:

**OFFICE USE ONLY:** Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

| Office Use Only |              |               |
|-----------------|--------------|---------------|
| MRN #: _____    | Age: _____   | Height: _____ |
| Weight: _____   | Pulse: _____ | BP: _____     |
| BMI: _____      |              |               |

Name of person completing form: JEFFREY EPSTEIN

Relationship (if not patient): \_\_\_\_\_

Referring provider's name: DR. HARRY FISCH

Phone number: \_\_\_\_\_

Address: 944 PARK AVE, NY, NY

Fax number: \_\_\_\_\_

Would you like a copy of today's consult note sent to this doctor?  Yes  No

Primary care provider's name: DR. BRUCE MOSKOWITZ

Phone number: \_\_\_\_\_

Address: 1411 N. FLAGLER DR, SUITE 700 FL

Fax number: \_\_\_\_\_

Would you like a copy of today's consult note sent to this doctor?  Yes  No 33401

Reason for today's visit: \_\_\_\_\_

Which side hurts?  Left  Right  Both How long has your reason for today's visit been going on? \_\_\_\_\_

How did it start? \_\_\_\_\_

Hand dominance:  Left  Right

Pain description:  Dull  Sharp  Tingling  Other: \_\_\_\_\_

When does pain occur?  At rest  With activity  At night  Other: \_\_\_\_\_

Rate pain: (Check box)

|         |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |              |
|---------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------|
| No pain | 1                        | 2                        | 3                        | 4                        | 5                        | 6                        | 7                        | 8                        | 9                        | 10                       | Most extreme |
|         | <input type="checkbox"/> |              |

What reduces the pain?  Medicine  Ice  Heat  Rest  Elevation

Your problem has:  Improved  Worsened

Any other symptoms associated with the current problem? \_\_\_\_\_

Does your home have: (Check all that apply)  1 story  2 stories  3+ stories  Entrance steps  Elevator

Do you take public transportation?  Y  N

Do you exercise regularly?  Y  N Are you involved in organized sports?  Y  N

**Required Information:**

Did this injury happen while working?  Yes  No Does this injury relate to an auto accident?  Yes  No

Is this injury related to a pending lawsuit?  Yes  No

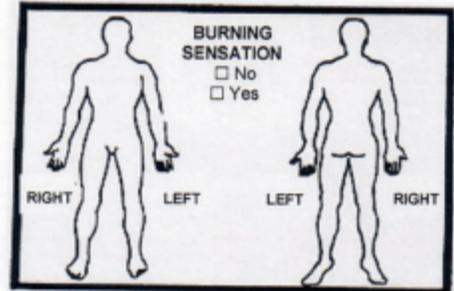
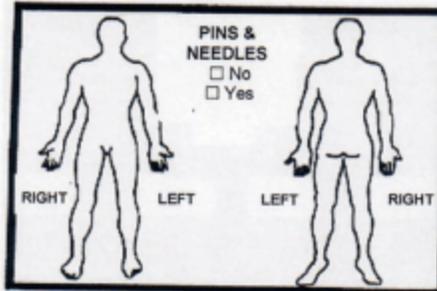
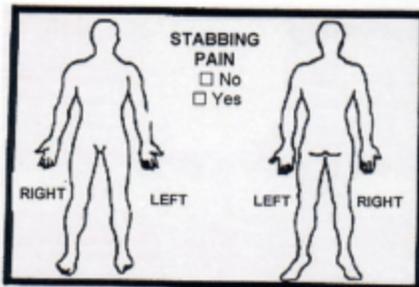
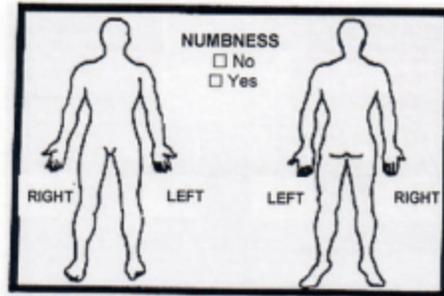
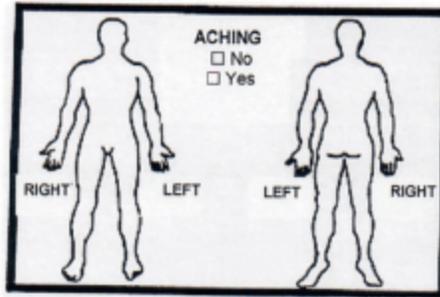
\_\_\_\_\_  
Patient Signature

FEB 14, 2018  
Date



NAME: JEFFREY EPSTEIN DATE OF BIRTH: 1-20-53 DATE: FEB 14, 2018

Please fill in drawings:  
(shade the areas)



**My main goal(s) today is (are) to get (check all that apply):**

- Second opinion
- Recommendation for Physical therapy
- Medications
- Injection treatments
- Surgery

**If you have seen other surgeons for this problem and were not happy, why?**

- Didn't answer my questions
- Had no suggestions on what to do
- Personality issues
- Office staff problems
- Spent too little time with me
- Other

NAME: JEFFREY EPSTEIN DATE OF BIRTH: 1-20-53 DATE: 2-14-18

**B. For patients with NECK OR ARM problems: DON'T DO IF BEING SEEN FOR A BACK PROBLEM**

1. What % of your pain is neck pain and what % is arm pain? (check appropriate box)
 

|  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Neck 0%, Arm 100% | <input type="checkbox"/> Neck 10%, Arm 90% | <input type="checkbox"/> Neck 25%, Arm 75% | <input type="checkbox"/> Neck 40%, Arm 60% |
| <input type="checkbox"/> Neck 50%, Arm 50% | <input type="checkbox"/> Neck 60%, Arm 40% | <input type="checkbox"/> Neck 75%, Arm 25% | <input type="checkbox"/> Neck 90%, Arm 10% |
| <input type="checkbox"/> Neck 100%, Arm 0% |  |  |  |
2. There is:  No arm pain  Arm pain is as follows (check the following):
  - a.  Right 0%, Left 100%  Right 10%, Left 90%  Right 25%, Left 75%  Right 40%, Left 60%
  - Right 50%, Left 50%  Right 60%, Left 40%  Right 75%, Left 25%  Right 90%, Left 10%
  - Right 100%, Left 0%
  - b. The arm pain is present in the (check the following):
 

|   |                                   |                                    |                                  |                                      |
|---|-----------------------------------|------------------------------------|----------------------------------|--------------------------------------|
| <b>Right:</b> <input type="checkbox"/> Upper back | <input type="checkbox"/> Shoulder | <input type="checkbox"/> Upper arm | <input type="checkbox"/> Forearm | <input type="checkbox"/> Hand/finger |
| <b>Left:</b> <input type="checkbox"/> Upper back  | <input type="checkbox"/> Shoulder | <input type="checkbox"/> Upper arm | <input type="checkbox"/> Forearm | <input type="checkbox"/> Hand/finger |
3. Raising the arm:  Improves the pain  Worsens the pain  Does not affect the pain
4. Moving the neck:  Improves the pain  Worsens the pain  Does not affect the pain
5. There is:  No weakness of the arms and hands  Weakness of the (check the following):
 

|   |                                    |                                  |                                      |
|---|------------------------------------|----------------------------------|--------------------------------------|
| <b>Right:</b> <input type="checkbox"/> Shoulder | <input type="checkbox"/> Upper arm | <input type="checkbox"/> Forearm | <input type="checkbox"/> Hand/finger |
| <b>Left:</b> <input type="checkbox"/> Shoulder  | <input type="checkbox"/> Upper arm | <input type="checkbox"/> Forearm | <input type="checkbox"/> Hand/finger |
6. There is:  No numbness of the arms and hands  Numbness of the (check the following):
 

|  |                                  |                                |                                       |                                      |                                      |                                       |
|--|----------------------------------|--------------------------------|---------------------------------------|--------------------------------------|--------------------------------------|---------------------------------------|
| <b>Right:</b> <input type="checkbox"/> Upper arm | <input type="checkbox"/> Forearm | <input type="checkbox"/> Thumb | <input type="checkbox"/> Index finger | <input type="checkbox"/> Long finger | <input type="checkbox"/> Ring finger | <input type="checkbox"/> Small finger |
| <b>Left:</b> <input type="checkbox"/> Upper arm  | <input type="checkbox"/> Forearm | <input type="checkbox"/> Thumb | <input type="checkbox"/> Index finger | <input type="checkbox"/> Long finger | <input type="checkbox"/> Ring finger | <input type="checkbox"/> Small finger |
7. There (  is  is no) difficulty picking up small objects like coins or buttoning buttons.
8. There (  is a  is no) problem with balance or tripping frequently.
9. There are: (  Frequent  Occasional  No) headaches in the back of the head.

**Patients with HEADACHES.**

1. If you have headaches, how would you describe their intensity and frequency?
 

I have (check one):  slight  moderate  severe headaches

They come (check one):  infrequently  frequently  almost all the time
2. The headaches are located (check the following):
  - a.  In the back of my neck
  - b.  In the back of my head
  - c.  The side of my head/temple area
  - d.  In the front of my head (near my eyes)
3. How long have you suffered from headaches?  Several days  Several weeks  
 Several months  Greater than 1 year
4. When do the headaches occur most commonly?
 

Morning  Afternoon  While at work  Evening  No pattern
5. What is your average headache pain level throughout the day? (please circle)
 

**0 1 2 3 4 5 6 7 8 9 10**
6. How would you describe your pain?  Throbbing  Squeezing  Pressure  
 Dull  Stabbing  Shooting
7. What medications (either prescription or over-the-counter) do you take for your headaches?

Name: JEFFREY ERSTEIN DOB: 1-20-53 DATE: 2-14-18

## THE NECK DISABILITY INDEX

This questionnaire is designed to enable us to understand how much your **neck** pain has affected your ability to manage everyday activities. It is important that you answer each of the following questions. We realize that you may feel that more than one statement may relate to you, but please circle the ONE BEST ANSWER to each question which closely describes your problem *right now*.

### Pain Intensity

0. I have no pain at the moment
1. The pain is mild at the moment.
2. The pain comes and goes and is moderate.
3. The pain is moderate and does not vary much.
4. The pain is severe but comes and goes.
5. The pain is severe and does not vary much.

### Personal Care

0. I can look after myself without causing extra pain.
1. I can look after myself normally but it causes extra pain.
2. It is painful to look after myself and I am slow and careful.
3. I need some help, but manage most of my personal care.
4. I need help every day in most aspects of self-care.
5. I do not get dressed; I wash with difficulty and stay in bed.

### Lifting

0. I can lift heavy weights without extra pain.
1. I can lift heavy weights, but it causes extra pain.
2. Pain prevents me from lifting heavy weights off the floor but I can if they are conveniently positioned, for example on a table.
3. Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
4. I can lift very light weights.
5. I cannot lift or carry anything at all.

### Reading

0. I can read as much as I want to with no pain in my neck.
1. I can read as much as I want with slight pain in my neck.
2. I can read as much as I want with moderate pain in my neck.
3. I cannot read as much as I want because of moderate pain in my neck.
4. I cannot read as much as I want because of severe pain in my neck.
5. I cannot read at all.

### Headache

0. I have no headaches at all.
1. I have slight headaches which come infrequently.
2. I have moderate headaches which come infrequently.
3. I have moderate headaches which come frequently.
4. I have severe headaches which come frequently.
5. I have headaches almost all the time.

### Concentration

0. I can concentrate fully when I want to with no difficulty.
1. I can concentrate fully when I want to with slight difficulty.
2. I have a fair degree of difficulty in concentrating when I want to.
3. I have a lot of difficulty in concentrating when I want to.
4. I have a great deal of difficulty in concentrating when I want to.
5. I cannot concentrate at all.

**Work**

- 0. I can do as much work as I want to.
- 1. I can only do my usual work, but no more.
- 2. I can do most of my usual work, but no more.
- 3. I cannot do my usual work.
- 4. I can hardly do any work at all.
- 5. I cannot do any work at all.

**Driving**

- 0. I can drive my car without neck pain.
- 1. I can drive my car as long as I want with slight pain in my neck.
- 2. I can drive my car as long as I want with moderate pain in my neck.
- 3. I cannot drive my car as long as I want because of moderate pain in my neck.
- 4. I can hardly drive my car at all because of severe pain in my neck.
- 5. I cannot drive my car at all.

**Sleeping**

- 0. I have no trouble sleeping
- 1. My sleep is slightly disturbed (less than 1 hour sleepless).
- 2. My sleep is mildly disturbed (1-2 hours sleepless).
- 3. My sleep is moderately disturbed (2-3 hours sleepless).
- 4. My sleep is greatly disturbed (3-5 hours sleepless).
- 5. My sleep is completely disturbed (5-7 hours sleepless).

**Recreation**

- 0. I am able engage in all recreational activities with no pain in my neck at all.
- 1. I am able engage in all recreational activities with some pain in my neck.
- 2. I am able engage in most, but not all recreational activities because of pain in my neck.
- 3. I am able engage in a few of my usual recreational activities because of pain in my neck.
- 4. I can hardly do any recreational activities because of pain in my neck.
- 5. I cannot do any recreational activities at all

---

Office Use Only: Score

---

Patient Signature and Date

2-14-18

---

Physician Signature and Date

NAME: <sup>Spine</sup> JEFFREY EPSTEIN DATE OF BIRTH: 1-20-53 DATE: 2-14-18 **Adult Spine Supplement**

**C. For patients with BACK OR LEG Problems: DON'T DO IF BEING SEEN FOR A NECK PROBLEM**

1. What % of your pain is back pain and what % is leg or buttock pain? (check appropriate box):
 

|  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Back 0%, Leg 100% | <input type="checkbox"/> Back 10%, Leg 90% | <input type="checkbox"/> Back 25%, Leg 75% | <input type="checkbox"/> Back 40%, Leg 60% |
| <input type="checkbox"/> Back 50%, Leg 50% | <input type="checkbox"/> Back 60%, Leg 40% | <input type="checkbox"/> Back 75%, Leg 25% | <input type="checkbox"/> Back 90%, Leg 10% |
| <input type="checkbox"/> Back 100%, Leg 0% |  |  |  |
2. There is:  No leg pain       Leg pain as follows (check the following):
  - a.  Right 0%, Left 100%     Right 10%, Left 90%     Right 25%, Left 75%     Right 40%, Left 60%
  - Right 50%, Left 50%     Right 60%, Left 40%     Right 75%, Left 25%     Right 90%, Left 10%
  - Right 100%, Left 0%
  - b. The pain is present in the (check the following):
 

|  |                                      |                                     |                               |                               |
|--|--------------------------------------|-------------------------------------|-------------------------------|-------------------------------|
| <b>Right:</b> <input type="checkbox"/> Buttock | <input type="checkbox"/> Thigh-front | <input type="checkbox"/> Thigh-back | <input type="checkbox"/> Calf | <input type="checkbox"/> Foot |
| <b>Left:</b> <input type="checkbox"/> Buttock  | <input type="checkbox"/> Thigh-front | <input type="checkbox"/> Thigh-back | <input type="checkbox"/> Calf | <input type="checkbox"/> Foot |
3. There is:  No weakness of the legs       Weakness of the (check the following):
 

|  |                               |                                |                               |                                  |
|--|-------------------------------|--------------------------------|-------------------------------|----------------------------------|
| <b>Right:</b> <input type="checkbox"/> Thigh | <input type="checkbox"/> Calf | <input type="checkbox"/> Ankle | <input type="checkbox"/> Foot | <input type="checkbox"/> Big toe |
| <b>Left:</b> <input type="checkbox"/> Thigh  | <input type="checkbox"/> Calf | <input type="checkbox"/> Ankle | <input type="checkbox"/> Foot | <input type="checkbox"/> Big toe |
4. There is:  No numbness of the legs       Numbness of the (check the following):
 

|  |                               |                               |   |                               |                               |
|--|-------------------------------|-------------------------------|---|-------------------------------|-------------------------------|
| <b>Right:</b> <input type="checkbox"/> Thigh | <input type="checkbox"/> Calf | <input type="checkbox"/> Foot | <b>Left:</b> <input type="checkbox"/> Thigh | <input type="checkbox"/> Calf | <input type="checkbox"/> Foot |
|--|-------------------------------|-------------------------------|---|-------------------------------|-------------------------------|
5. The worst position for the pain is:  Sitting       Standing       Walking
6. How many minutes can you stand in one place without pain?     0-10     15-30     30-60     60+
7. How many minutes can you walk without pain?                     0-10     15-30     30-60     60+
8. Lying down:       Eases the pain       Does not ease the pain       Sometimes eases the pain
9. Bending forward:  Increases the pain       Decreases the pain       Doesn't affect the pain

In the past week, how often have you suffered: (Please circle the number that applies)

|  | None of the time | A little of the time | Some of the time | A good bit of the time | Most of the time | All of the time |
|--|------------------|----------------------|------------------|------------------------|------------------|-----------------|
| 10. Low back and/or buttock pain.....                                  | 1                | 2                    | 3                | 4                      | 5                | 6               |
| 11. Leg pain.....  | 1                | 2                    | 3                | 4                      | 5                | 6               |
| 12. Numbness or tingling in leg and/or foot.....                       | 1                | 2                    | 3                | 4                      | 5                | 6               |
| 13. Weakness in leg and/or foot (such as difficulty lifting foot)..... | 1                | 2                    | 3                | 4                      | 5                | 6               |

In the past week, how bothersome have these symptoms been? (Please circle the number that applies)

|  | Not at all bothersome | Slightly bothersome | Somewhat bothersome | Moderately bothersome | Very bothersome | Extremely bothersome |
|--|-----------------------|---------------------|---------------------|-----------------------|-----------------|----------------------|
| 14. Low back and/or buttock pain.....                                  | 1                     | 2                   | 3                   | 4                     | 5               | 6                    |
| 15. Leg pain.....  | 1                     | 2                   | 3                   | 4                     | 5               | 6                    |
| 16. Numbness or tingling in leg and/or foot...                         | 1                     | 2                   | 3                   | 4                     | 5               | 6                    |
| 17. Weakness in leg and/or foot (such as difficulty lifting foot)..... | 1                     | 2                   | 3                   | 4                     | 5               | 6                    |

**For patients with a SPINAL DEFORMITY/ BACK CURVATURE.**

1. How was your spinal deformity discovered? \_\_\_\_\_
2. Do you know your present curve measurement(s)? \_\_\_\_\_
3. Reason(s) for seeking treatment at this time:  progressive deformity    pain    can't stand straight  
 I don't like the appearance of my back/waistline    Other: \_\_\_\_\_

Name: JEFFREY EPSTEIN DOB: 1-20-53 DATE: 2-14-18

## THE BACK DISABILITY INDEX

This questionnaire is designed to enable us to understand how much your **back** pain has affected your ability to manage everyday activities. It is important that you answer each of the following questions. We realize that you may feel that more than one statement may relate to you, but please circle the ONE BEST ANSWER to each question which closely describes your problem *right now*.

### Pain Intensity

0. I can tolerate the pain I have without having to use pain killers.
1. The pain is bad but I manage without taking pain killers.
2. Pain killers give complete relief from pain.
3. Pain killers give moderate relief from pain.
4. Pain killers give very little relief from pain.
5. Pain killers have no effect on the pain, I do not use them.

### Personal Care (Washing, Dressing, etc.)

0. I can look after myself normally without it causing extra pain.
1. I can look after myself normally but it causes extra pain.
2. It is painful to look after myself and I am slow and careful.
3. I need some help but manage most of my personal care.
4. I need help every day in most aspects of self-care.
5. I do not get dressed, wash with difficulty and stay in bed

### Lifting

0. I can lift heavy weights without extra pain.
1. I can lift heavy weights but it gives extra pain.
2. Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned. (e.g., on a table.)
3. Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned.
4. I can lift only very light weights.
5. I cannot lift or carry anything at all.

### Walking

0. Pain does not prevent me from walking any distance.
1. Pain prevents me walking more than 1 mile.
2. Pain prevents me walking more than 1/2 mile.
3. Pain prevents me walking more than 1/4 mile.
4. I can only walk using a stick or crutches.
5. I am in bed most of the time and have to crawl to the toilet.

### Sitting

0. I can sit in any chair as long as I like.
1. I can only sit in my favorite chair as long as I like.
2. Pain prevents me from sitting more than one hour.
3. Pain prevents me from sitting more than thirty minutes.
4. Pain prevents me from sitting more than ten minutes.
5. Pain prevents me from sitting at all.

### Standing

0. I can stand as long as I want without extra pain.
1. I can stand as long as I want but it gives extra pain.
2. Pain prevents me from standing more than one hour.
3. Pain prevents me from standing more than thirty minutes.
4. Pain prevents me from standing more than ten minutes.
5. Pain prevents me from standing at all.

**Sleeping**

0. Pain does not prevent me from sleeping well.
1. I can sleep well only by using tablets.
2. Even when I take tablets I have less than six hours sleep.
3. Even when I take tablets I have less than four hours sleep.
4. Even when I take tablets I have less than two hours sleep.
5. Pain prevents me from sleeping at all.

**Employment/Homemaking**

0. My normal homemaking/job activities do not cause pain.
1. My normal homemaking/job activities increase my pain, but I can still perform all that is required of me.
2. I can perform most of my homemaking/job duties, but pain prevents me from performing more physically stressful activities. (e.g. lifting, vacuuming).
3. Pain prevents me from doing anything but light duties.
4. Pain prevents me from doing even light duties.
5. Pain prevents me from performing any job or homemaking chores

**Social Life**

0. My social life is normal and gives me no extra pain.
1. My social life is normal but increases the degree of pain.
2. Pain has no significant effect on my social life apart from limiting my more energetic interests, (e.g., dancing, etc.).
3. Pain has restricted my social life and I do not go out as often.
4. Pain has restricted my social life to home.
5. I have no social life because of pain.

**Traveling**

0. I can travel anywhere without extra pain.
1. I can travel anywhere but it gives extra pain.
2. Pain is bad but I manage journeys over two hours.
3. Pain restricts me to journeys less than one hour.
4. Pain restricts me to short journeys under thirty minutes.
5. Pain prevents me from traveling except to the doctor or hospital.

---

Office Use Only: Score

---

Patient Signature and Date

2-14-18

---

Physician Signature and Date