```
697
Return-Path: <██████████████████>
Received: from [████████] (rrcs-69-193-178-68.nyc.biz.rr.com. [████████████])
        by smtp.gmail.com with ESMTPSA id ███████████████████
        for <██████████████>
        (version=TLS1 cipher=ECDHE-RSA-AES128-SHA bits=128/128);
        Fri, 07 Oct 2016 13:50:57 -0700 (PDT)
From: Lesley Groff <██████████████████>
Content-Type: text/plain
Content-Transfer-Encoding: 7bit
Subject: ████████████ Maggie
Message-Id: <791F1D6B-83BD-46B4-A0BE-32973056D948@gmail.com>
Date: Fri, 7 Oct 2016 16:50:56 -0400
To: ████████████████ <████████████████████>
Mime-Version: 1.0 (Mac OS X Mail 9.3 \(3124\))
X-Mailer: Apple Mail (2.3124)
```

```xml
<?xml version="1.0" encoding="UTF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd
">
<plist version="1.0">
<dict>
        <key>date-last-viewed</key>
        <integer>0</integer>
        <key>date-received</key>
        <integer>1475873457</integer>
        <key>flags</key>
        <integer>8623750145</integer>
        <key>gmail-label-ids</key>
        <array>
                <integer>85</integer>
        </array>
        <key>remote-id</key>
        <string>377209</string>
</dict>
</plist>
```