

From: Lesley Groff <[REDACTED]>
To: Kathy Ruemmler <[REDACTED]>
Subject: Re: Full Spa Day from Jeffrey!!
Date: Fri, 12 Feb 2016 18:02:37 +0000

Excellent! ...and you know the man! I am calling now!

On Feb 12, 2016, at 1:01 PM, Kathy Ruemmler <[REDACTED]> wrote:

Ha! I know -- he is so insistent. My appt is at Bliss Soho tonight at 7:30 pm. A 75-minute facial. I like getting them at night because then you can just come and crash and leave all that stuff on your face. 😊

Sent from my iPhone

On Feb 12, 2016, at 12:56 PM, Lesley Groff <[REDACTED]> wrote:

you absolutely MUST give me the details for the Bliss facial...if I don't pay for it, I may lose my job! (just kidding but I figure the more dramatic the more likely you will give me the details !) ;)

On Feb 12, 2016, at 12:42 PM, Kathy Ruemmler <[REDACTED]> wrote:

Fantastic! Thank you!!!

Sent from my iPhone

On Feb 12, 2016, at 12:41 PM, Lesley Groff <[REDACTED]> wrote:

YES! perfect idea :)

ok, great...I will sign the needed paperwork for Mandarin and you are set with massage! YEA!

On Feb 12, 2016, at 12:40 PM, Kathy Ruemmler <[REDACTED]> wrote:

Sure -- I can do that. I can burn time at Bergdorfs. :-)

Sent from my iPhone

On Feb 12, 2016, at 12:38 PM, Lesley Groff <[REDACTED]> wrote:

Patrick doesn't work on Mondays...you will see Sandra at 3pm for blowout...

I am now told the Mandarin only has a 1:30 massage available tomorrow with a male masseuse ..it is 80 minutes...Can you do this? I booked it and must cancel by 1:30 today if it won't work for you... please let me know as soon you can! we can keep looking if need be..

On Feb 12, 2016, at 12:25 PM, Kathy Ruemmler <[REDACTED]> wrote:

Patrick is ideal, but anyone is fine if he is not working. Sometime in the afternoon, say 3 or 3:30 pm.
Thank you!

Sent from my iPad

On Feb 12, 2016, at 12:23 PM, Lesley Groff <[REDACTED]> wrote:

yes, absolutely...let me call and make that appt for you...what time on Monday is good? are you ok with anyone doing it or do you have someone you like?

On Feb 12, 2016, at 12:21 PM, Kathy Ruemmler <[REDACTED]> wrote:

I always like deep tissue -- that will be perfect. Please don't worry about the facial. Jeffrey is so sweet, but I can pay for it. :-)

I was going to see if I can get a blow out at Fekkai on Monday if they are open. Maybe Jeffrey would want to do that?

Sent from my iPhone

On Feb 12, 2016, at 12:14 PM, Lesley Groff <[REDACTED]> wrote:

ok perfect! So I will book and pay for the massage at the Mandarin...would you like to choose which massage from the below list please! can I call and pay for the Bliss Facial? tell me the time and day and I will call them!

Massage

We offer Traditional Chinese Acupressure, Shiatsu Massage, Swedish Massage, and Deep tissue Massage. All massages are done in a calm relaxing setting. Our laundry facility is on site so our towels are always fresh. Hot Stones available on request.

Thai Massage/Thai Stretching

We like to use the term Thai Stretching because it best describes the massage.

Combination Massage

We combine Swedish Massage, Traditional Oriental Acupressure, Thai Massage in a one our package. This Combination integrates all of the benefits of each of the different techniques of massage and stretching.

Facials

We offer a wide variety of facials all outlined on our pricing page.

Foot Spa

Reflexology is based on traditional Chinese medical practices of healing the internal organs of our body. This healing is done through the complete nerve network in our body. Our nerve networks go from our feet and hands to the top of the head and connect

all vital organs on the way. There are a total of 12 nerve channels in our body among which six are located in our feet. Therefore, our feet are of vital importance to the blood circulation and the conditions of our internal organs..

On Feb 12, 2016, at 12:12 PM, Kathy Ruemmler <[REDACTED]> wrote:

I was able to book a facial tonight at Bliss Soho (I go there all the time and agree it is great). But, a massage at the Mandarin at 11:30 am tomorrow would be perfect because my Pilates appt is at 60th and Madison, and I will be done at 11 am.

Sent from my iPhone

On Feb 12, 2016, at 11:49 AM, Lesley Groff <[REDACTED]> wrote:

The Mandarin Oriental Spa has availability for a massage and facial starting at 11:30 tomorrow...they do not offer any other treatments (like hair or nails...but not sure you even want that!) I've always liked Bliss down in Soho-they have 11:30 massage and facial at 1pm (but these are their last available appointments! they have lots of other services as well)...or Elizabeth Arden Red Door Spa on 5th? They can only do a facial however (massage is totally committed) but they do have hair salon and nails, wax, etc... I'm sure there are loads of amazing places in the city and if you have a favorite or have always been dying to go somewhere...just let me know!

<http://www.themandarinspa.com>

https://www.blissworld.com/spa-location/bliss-soho?cid=3068&gclid=CjwKEAiAova1BRDS15OXjcug_FMSJACWNAKZMHAs4g9JBv0f6LkZvNUNXpDY6LxR0LYGH8uAZ_5HeBoCuWbw_wcB

On Feb 12, 2016, at 10:00 AM, Kathy Ruemmler <[REDACTED]> wrote:

Oh, bummer. I have an appt between 10 and 11 am, so I can't do those times. But, maybe there is a different spa -- I'll look.

Sent from my iPhone

On Feb 12, 2016, at 9:43 AM, Lesley Groff <[REDACTED]> wrote:

Hi Kathy. Because it's Valentine's Day weekend the Peninsula Spa is very booked up. However they could do a massage at 9am and facial at 10:30 am tomorrow if you like (I booked it just in case because I didn't want it to disappear). I would need to cancel soon however if it won't work for you as I am within the cancellation policy.). Let me know! Thanks, lesley

Sent from my iPhone

On Feb 12, 2016, at 8:00 AM, Kathy Ruemmler <[REDACTED]> wrote:

Hi Lesley!

Jeffrey is so thoughtful, as always. Would it be possible to get a massage and a facial at the Peninsula, starting @ 11:30 a.m. or Noon on Saturday?

Sent from my iPad

On Feb 12, 2016, at 6:59 AM, Lesley Groff <[REDACTED]> wrote:

Morning Kathy...Jeffrey would like me to organize a full spa day for you today or tomorrow...Please let me know which day is better for you and timing...anything special you might like? Peninsula Spa (?)...please let me know and I am happy to start working on it for you!

Thanks, Lesley