

**From:** Lesley Groff <[REDACTED]>  
**To:** James Ce <[REDACTED]>  
**Subject:** Re: backing up of cell phone...  
**Date:** Sat, 13 Feb 2016 23:29:34 +0000

---

YOU are SO GOOD! I can't believe you answered so quickly...

I truly appreciate it...

this information I need to share with someone else actually...and it is VERY important for this someone who is close to me....THANK YOU!

On Feb 13, 2016, at 6:25 PM, james ce | personal genius <[REDACTED]> wrote:

iCloud or iTunes are the only options.

iCloud: Settings (on the phone) > iCloud > Backup — it should be on and backing your entire phone up once per day, every time you:

- are plugged into power (charging)
- are connected to a wireless network
- your screen is locked

Your phone should have iCloud backup on.

iTunes should only backup your phone when you manually tell it to. In iTunes > Phone > Summary > select encrypt backups (and set a password) & click Manually backup.

If you want to save that backup file somewhere, after iTunes finishes, from the Finder (desktop) choose Go > Go to Folder and paste this location in there:

~/Library/Application Support/MobileSync/Backup/

This is all the iPhone/iPad/iPod Touch backups on your computer. Copy the most recent folder to whatever media you want to keep it on (flash drive, etc.).

To open it again you'll need to enter the password you set. If you do NOT encrypt the backup / set a password, the passwords on the device are not saved, nor is any of the Health App data.

Do I want to ask why you want to know this?

 James Ce, your Personal Genius,  
<http://personalgenius.us>

On Feb 13, 2016, at 6:17 PM, Lesley Groff <[REDACTED]> wrote:

Hi James! sorry to bother you but I have a quick question...if you want to back up your entire cell phone on a device other than your computer, what can you back it up on? Is it possible? Maybe to an Ipad? or can you do it to a memory stick? Maybe we take the cell phone to the Apple store and have them do it?

:) Lesley