```
678
Return-Path: <██████████████████>
Received: from [192.168.2.2] (rrcs-69-193-178-66.nyc.biz.rr.com. [69.193.178.66])
        by mx.google.com with ESMTPS id 8sm14334753qed.6.2013.02.28.08.57.40
        (version=TLSv1 cipher=ECDHE-RSA-RC4-SHA bits=128/128);
        Thu, 28 Feb 2013 08:57:41 -0800 (PST)
From: Lesley Groff <██████████████████>
Content-Type: text/plain
Content-Transfer-Encoding: 7bit
Subject: Ari Glass and Paul Morris are here!
Date: Thu, 28 Feb 2013 11:57:38 -0500
Message-Id: <0E686D3E-653D-4D5C-A529-F6F42B7D1A43@gmail.com>
To: ██████████████     <██████████████████>
Mime-Version: 1.0 (Apple Message framework v1283)
X-Mailer: Apple Mail (2.1283)
```

```xml
<?xml version="1.0" encoding="UTF-8"?>
<!DOCTYPE plist PUBLIC "-//Apple//DTD PLIST 1.0//EN" "http://www.apple.com/DTDs/PropertyList-1.0.dtd
">
<plist version="1.0">
<dict>
        <key>date-last-viewed</key>
        <integer>0</integer>
        <key>date-received</key>
        <integer>1362070661</integer>
        <key>flags</key>
        <integer>8623750145</integer>
        <key>gmail-label-ids</key>
        <array>
                <integer>85</integer>
                <integer>79</integer>
        </array>
        <key>remote-id</key>
        <string>125390</string>
</dict>
</plist>
```