

From: [REDACTED] >

To: [REDACTED] <[REDACTED]>

Subject: Re:

Date: Mon, 04 Feb 2013 18:25:39 +0000

I'll bet. there is nothing worse truly...

take it slow!

On Feb 4, 2013, at 1:11 PM, [REDACTED] wrote:

It was awful Les...better today just a little weak

On Mon, Feb 4, 2013 at 10:22 AM, [REDACTED] > wrote:

oh no! yuk...I hope you are feeling better soon! that is NO fun.

On Feb 4, 2013, at 7:06 AM, [REDACTED] wrote:

> Sorry I have been out of touch yesterday, I have been ill with the norovirus, it started yesterday am and is apparently 24 hours, so hopefully I will feel up to going through all my emails today.

>

> Sent from my iPhone