

**From:** Lesley Groff <[REDACTED]>  
**To:** Paula And Pat Garrity <[REDACTED]>, Ike Groff <[REDACTED]>  
**Subject:** Fwd: \*Winter II Registration Newsletter\* - MUST READ!  
**Date:** Thu, 29 Nov 2012 21:49:40 +0000

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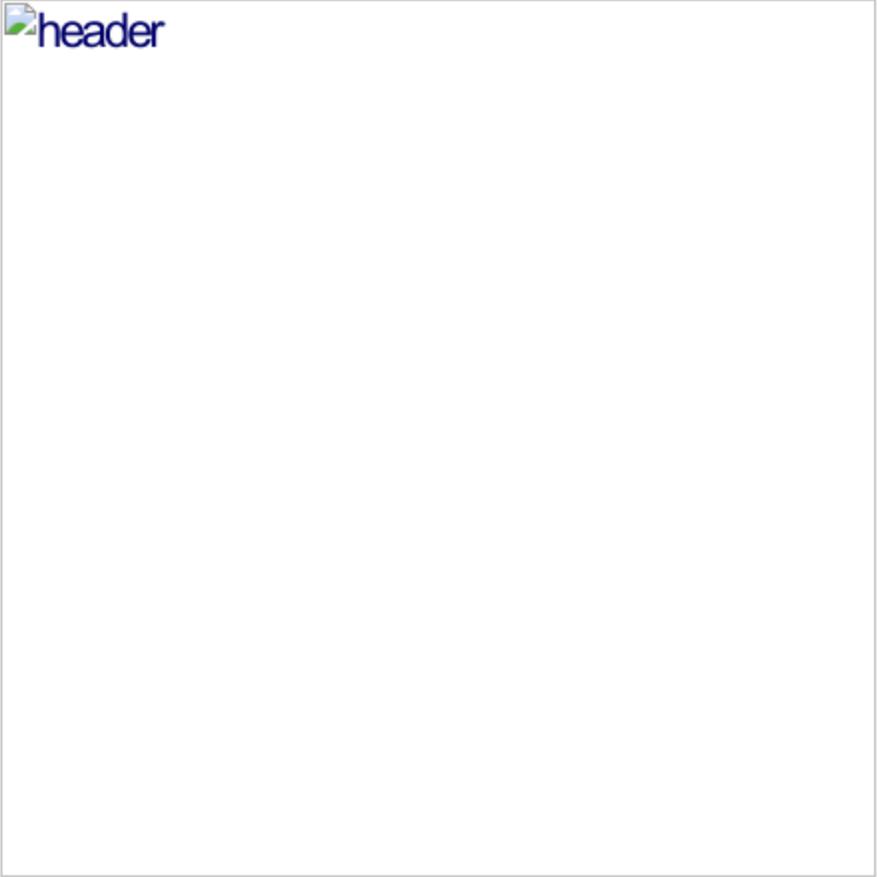
Winter break kids camp sounds fun

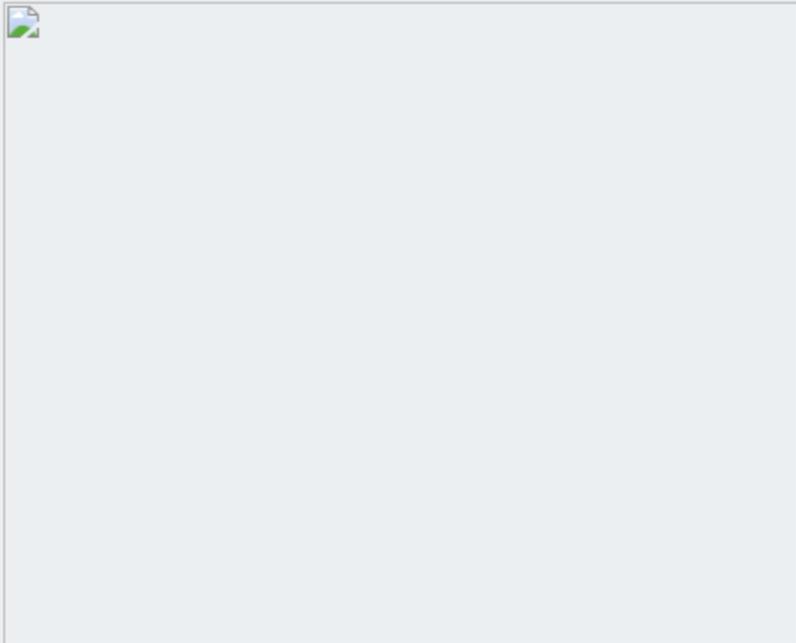
Sent from my iPhone

Begin forwarded message:

**From:** Sono Field House <[REDACTED]>  
**Date:** November 29, 2012, 4:33:39 PM EST  
**To:** [REDACTED]  
**Subject:** \*Winter II Registration Newsletter\* - MUST READ!  
**Reply-To:** [REDACTED]

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<h1>Sono Field House Newsletter</h1>		
Issue: #3		November/December 2012
		
<b>In This Issue</b> <a href="#">Winter Break Kids Camp</a> <a href="#">Lil' Kickers</a> <a href="#">Little Laxers</a> <a href="#">Dutch Total Soccer</a> <a href="#">Field Hockey</a> <a href="#">Lacrosse Clinics</a> <a href="#">Rock Climbing</a> <a href="#">Lacrosse Leagues</a> <a href="#">Adult Soccer</a>		
<b>Quick Links</b> <a href="#">Register Now</a> <a href="#">Our Facility</a> <a href="#">Our Team</a> <a href="#">Calender</a> <a href="#">Directions</a> <a href="#">Contact Us</a>		
<b>SFH Programming In Action</b>		



## **\*\*WINTER II REGISTRATION NEWS\*\***

**Greetings from Sono Field House!**

Classes will open "live" to the public and will be available for sign-ups online or over the phone on **Wednesday, December 5th at 9AM**. Currently enrolled members (Winter I Participants) are able to register with a **48-hour priority on December 3rd** over the phone at 9AM. *You can ONLY register players early who are enrolled in Winter I.*

Due to the expected high call volume on registration days, voice-mails will only be checked periodically and will not guarantee you a spot in a class. If you do not get through, simply hang up and retry your call. We appreciate your patience on our busiest day of the year!

All program registration is offered on a first come, first served basis. There is no guarantee of spots in specific classes each session but we will do all we can to ensure customers' needs are met.

**The Winter II 2012 schedules are online. Please take a moment to review as class days and times have changed.**

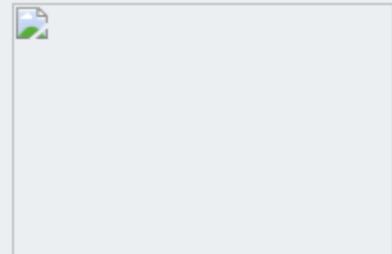
For any questions or concerns, please feel free to contact us at 203-604-9030 or through our customer service department at

See you on the field!



**Scott Johnson**  
*General Manager*

**To contact me directly, e-mail:**



# Upcoming Specialty Programs

## Winter Youth Camp!

**For Ages 3.5 - 14 Years Old**

**Day Camp on 12/26, 27, 28 from 10AM-3PM**

Price Per Child:

**\$149: SFH Members**

**\$169: Non-Members**

kickers boy

### Activities include:

Lacrosse, Soccer, Field Games, Flag Football, Arts and Crafts\*, Music and Motion\*, Movie and Rock Wall.

\*Arts and Crafts, and Music and Motion are for children aged 3.5 - 7, ONLY.

Children ages 7 - 10 will have three sports days, a movie and Rock Wall.

Please send your child in sneakers and clothes he/she can comfortably run in. We also recommend that younger children be sent with a change of clothing.

Please be sure to pack a bagged lunch for your child.

Snack will be provided for younger children.

### Our Camp Staff:

Danny Marin, Tom Dutches,  
Naika Denerville, Taylor Hardison,  
Patti Azzara, Carly Nadro,  
Mike Ness, Michael Mordoff,  
Austin Drew, Nick Blosio,  
Brian Diez, and Zach Ruther

[Click here for more information!](#)



Tug O War



kickers boy



Dave Climbing 2



Yale Team 2



Girl Ropes

## NextSave Lacrosse

### Elite Goalie Clinics

Location: Sono Field House

December 16th from 4:30 - 7:30 PM

December 20th From 5:30 - 8:30 PM

**ALL AGE LEVELS - COED CLINICS**

**\$300 for both sessions**

Coached by Matt & Chris Madalon,

NextSave Lacrosse provides expert

level goalie instruction to improve performance. Focus will be on positioning, technique and strategy. All aspects of protecting the goal will be covered.

*Thanks to all our participants last March, we had a great time coaching and our players had fun while improving their game. We are hoping for another great session at Sono Field House this December!*

**-Matt & Chris Madalon**

NextSave Lacrosse

Registration is online only and through our website at:

[www.nextsave lacrosse.com](http://www.nextsave lacrosse.com)



Yale Girls



Lax Huddle



camp 4



Corporate meeting

# Winter II Sport Programs

## Lil' Kickers

### Youth Soccer Instruction

Lil' Kickers is a non-competitive introductory soccer and developmental skills program offering weekly classes for boys and girls ages 18 months to 9 years. Lil' Kickers classes focus on critical early childhood development skills in a safe and fun setting.



SFH Soccer

Our Lil' Kickers program takes a child-centered approach to sports development, looking at the experience through a child's perspective. At Sono Field House, we consider children's developmental challenges and stages as the most crucial criteria for facilitating successful teaching and learning. Our Lil' Kickers instructors are specially trained to bring out confidence and creativity in your child through lessons taught on the field. The progressive nature of the program allows children to participate at every level.

[Click here for more information and registration](#)

## Little Laxers

### Youth Lax Instruction

SFH Little Laxers is our fundamental lacrosse program for Lil' Athletes' interested in learning basic lacrosse skills, developing their social skills and having fun!



Camp Kid

- Classes for players 3.5 - 5.5 years old & 5.5-7 year olds (Kindergarten)
- 1 coach to every 3-4 players per class
- Complimentary Little Laxers t-shirt for new participants

[Click here for more information and registration](#)

## Dutch Total Soccer

### Premier Youth Soccer Instruction

Dutch Total Soccer (DTS) is a soccer training organization led by outstanding professional trainers from the Netherlands. DTS focuses on high quality training, available for soccer players of all levels. DTS trainers are graduates of the C.I.O.S. Academy, a 4-year sports college, or the KNVB Academy (Royal Dutch Football Federation) and all have a UEFA B license or higher. The real difference in the DTS training lies in the methodology that the Dutch are world renowned for; all training sessions are segmented and made level appropriate. DTS trainers are not merely soccer coaches, but true teachers of the game.



DTS

[Click here for more information and registration](#)

 Special Events

 Lax Tournament

 sportscollage

 Idris Price

 rockwallclimb

 Jeff Brameier  
SFH

## Youth & High School Field Hockey

### Field Hockey Instruction

The SFH field hockey program includes:

- SFH Field Hockey skills clinics for girls in grades 5th - 8th and 9th-12th. Our clinics are divided by grade level and are perfect for the player just starting out or experienced players looking to take their game to the next level.
- Skills clinics primarily focus on the development and mastery of the fundamental skills of field hockey: individual stick skills, passing/receiving, dodging, shooting, and offensive and defensive strategies. Each session will end with a fun game or scrimmage.

[Click here for more information and registration](#)



## Youth & High School Baseball Clinics

### Baseball Instruction

Sono Baseball Academy will be offering clinics for youth and high school players during the Winter II session at Sono Field House. For more information, visit their website at [\[REDACTED\]](#)

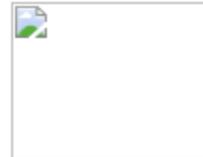


## Boys & Girls Lacrosse Clinics

### Youth Lax Instruction

Sono Field House takes Fairfield County's reputation for excellent lacrosse very seriously, which is why we are committed to delivering the best in lacrosse programming, coaching, and leadership. Our lacrosse staff's knowledge and experience is unrivaled: SFH is the only facility where athletes receive personal training and guidance from our esteemed lacrosse coaching staff; led by Coaches Jeff Brameier and his coaching staff and Lisa Lindley and her coaching staff. Whether you join a seasonal league, fine-tune your skills in SFH lacrosse clinics, or attend a summer camp, the best lax players are bred at Sono Field House.

[Click here for more information and registration](#)



## Drop-in Rock Climbing

### Adventure Area

Rock Climbing is back!  
**Monday, Wednesday & Thursday from 4-9PM**

Cost: \$15.00 per session or purchase a "Punch Card" for discount admission to multiple sessions. Price includes all gear needed and an instructor.

For more information on any of our climbing programs, please email the Adventure Area Director, Michael, at [\[REDACTED\]](#) or call a Guest Services Coordinator at [\[REDACTED\]](#)



 SFH Camp

 Rock Wall Group

 Birthday Party

 Boy Ropes  
Course

[Click here for more information and registration](#)

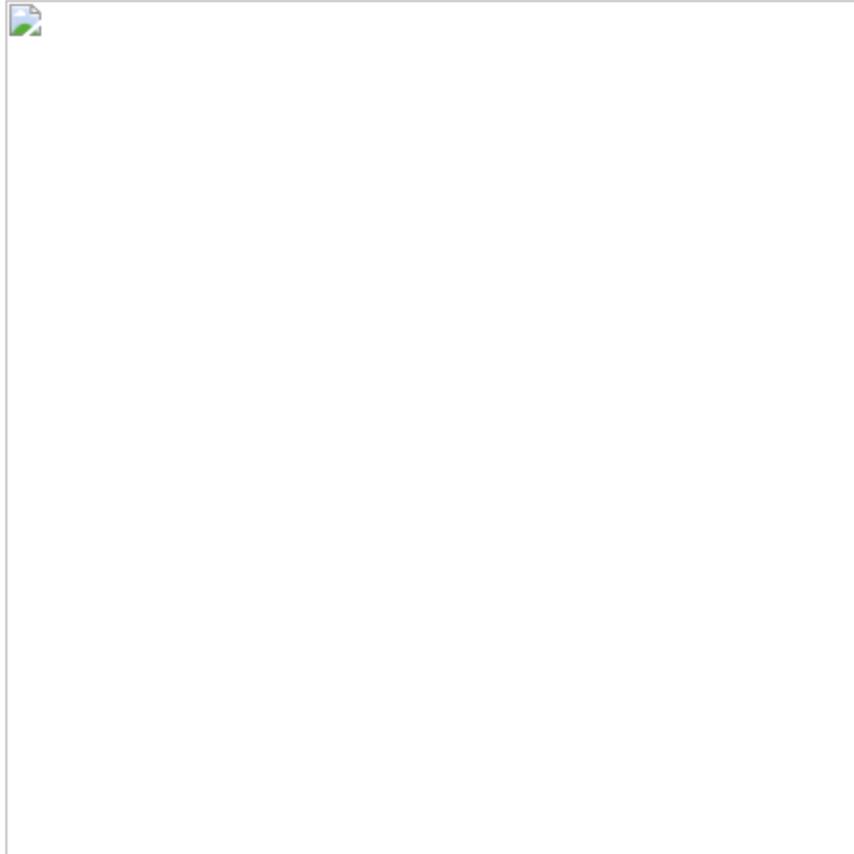
## Boys & Girls Lacrosse Leagues

### League Play 2013

Winter II 2013 League Play team registration is sold out! Please stay tuned for game schedules as we complete registration of players. It is important that you provide us with accurate contact information so we can keep you up to speed with the schedule and standings!



To get ready for League Play 2013, check out our video from last year [here!](#)

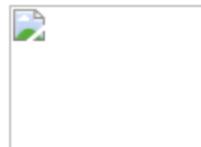


[Click here for more information](#)

## Adult Soccer League Play

### Winter League

Adult Indoor Soccer Leagues at Sono Field House are recreational and competitive indoor soccer leagues for adults. Teams require a minimum of 8 players. League categories include mens and co-ed teams and will run for 8 weeks.



MEN'S ADULT SOCCER DIVISION 1 & 2 LEAGUE PLAY: Registration is open!

- Monday evenings - begins January 7th - February 26th, 2013
- 8 week program
- \$895 per team

COED ADULT SOCCER LEAGUE PLAY: Registration is open!

- Tuesday evenings - begins Tuesday, January 8th - February 27th, 2013
- 8 week program
- \$895 per team

Divisions & Level of Play:

- Men's Division 1 - Top amateur/College level
- Men's Division 2 - Intermediate former HS/College
- Men's Division 2 Red - Recreational

League Format:

- 6 v 6 (including GK)
- Kick Ins
- Round Robin Format
- Coed rule: GK male or female - outfield 3 male and 2 female.
- Two 26 minute halves (2 minute halftime)
- Field Dimensions are 30 x 40

[Click here for more information and registration](#)

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