

From: "Facebook" <[REDACTED]>
To: Heather Kinsington <[REDACTED]>
Subject: Heather, you have 1 friend request
Date: Sun, 15 Jul 2012 16:47:49 +0000

facebook

You have new notifications.

A lot has happened on Facebook since you last logged in. Here are some notifications you've missed from your friends.

 **1** friend request

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This message was sent to [REDACTED]. If you don't want to receive these emails from Facebook in the future, please click: [unsubscribe](#).
Facebook, Inc. Attention: Department 415 [REDACTED] Box 10005 Palo Alto CA 94303