

From: Suzanne Wilson <[REDACTED]>
To: [REDACTED]
Subject: Fwd: Boys Preseason Lax Schedule & Info, Grades 4-8
Date: Mon, 27 Feb 2017 01:54:14 +0000

Michele just forwarded to me! Lax does start tomorrow! Ugh!

Sent from my iPhone

Begin forwarded message:

From: Michele Salmini <[REDACTED]>
Date: February 26, 2017 at 8:50:35 PM EST
To: Suzanne Wilson <[REDACTED]>
Subject: Fwd: Boys Preseason Lax Schedule & Info, Grades 4-8

Begin forwarded message:

From: "NCLA" <[REDACTED]>
Date: February 24, 2017 at 8:59:28 PM EST
To: [REDACTED]
Subject: Boys Preseason Lax Schedule & Info, Grades 4-8
Reply-To: [REDACTED]

The NCLA is proud to announce its boys youth lacrosse pre-season schedule. The schedule is comprised of 8 one-hour sessions for grades 4th – 8th. **With the unpredictable weather in early March, our goal is to have at least 5 of the 8 sessions.** If the weather is good, we will continue to practice with a maximum possibility of 8 sessions.

Coaches: The NCHS Varsity Boys Lacrosse Coaches, Chip Buzzeo, Will Koshansky, Bobby Rushton, Kayser Dixon, and Michael Santos run our pre-season with special guests assisting them.

Players must wear full equipment, including sweat pants and long sleeve shirts, sweatshirts, or jackets. Players who are not equipped to practice in cold weather conditions will not be allowed to play. NO SHORTS ALLOWED.

ALL PLAYERS SHOULD WEAR NEW CANAAN APPAREL, NEW CANAAN PINNIES, AND NEW CANAAN EQUIPMENT. THIS IS NEW CANAAN YOUTH LACROSSE PRE-SEASON. PLEASE DO NOT WEAR YOUR CLUB LACROSSE GEAR. THANK YOU!

Dates / Times: To best manage the use of one turf field (Dunning Stadium), each grade's schedule is uniquely organized to fit all pre-season practices in a three-week time frame. Similar to last year, we will have one grade per field time scheduled in order to maximize our coach to player ratio. If we do not reach our goal of 5 pre-season practices for a particular grade, we then may be forced to put two grades on the same field (hopefully this doesn't happen and we can get in all 8 sessions!).

Players are asked to show up 15 minutes early to stretch on the side of the field (a coach will be assigned to lead this warm-up). This will enable our coaches to maximize field time for drills.

FOR THOSE OF YOU WHO DID NOT REGISTER FOR PRE-SEASON YET, YOU CAN REGISTER BY CLICKING ON THE FOLLOWING LINK: [\[REDACTED\]](#)

Tryouts for Grades 5th - 8th will begin on Saturday, March 18th. For more details, please check the NCLA website.

PRESEASON CLINIC DATES AND TIMES (ALL WEATHER DEPENDENT)

4th Grade

Tuesday, February 28th – 6:30 – 7:30pm
Wednesday, March 1st – 6:30 – 7:30pm
Friday, March 3rd – 6:30 – 7:30pm
Sunday, March 5th – 10:00 – 11:00am
Tuesday, March 7th – 6:30 – 7:30pm
Friday, March 10th – 4:00 – 5:00pm
Saturday, March 11th – 11:00 – 12:00noon
Sunday, March 12th – 11:30 – 12:30pm

5th Grade

Tuesday, February 28th – 7:30 – 8:30pm
Wednesday, March 1st – 5:30 – 6:30pm
Thursday, March 2nd – 6:30 – 7:30pm
Sunday, March 5th – 11:00 – 12:00noon
Thursday, March 9th – 4:00 – 5:00pm
Saturday, March 11th – 12:00 – 1:00pm
Sunday, March 12th – 12:30 – 1:30pm
Monday, March 13th – 5:30 – 6:30pm

6th Grade

Monday, February 27th – 7:00 – 8:00pm
Wednesday, March 1st – 7:30 – 8:30pm
Thursday, March 2nd – 7:30 – 8:30pm
Sunday, March 5th – 12:00 – 1:00pm
Tuesday, March 7th – 7:30 – 8:30pm
Saturday, March 11th – 1:00 – 2:00pm
Sunday, March 12th – 1:30 – 2:30pm
Wednesday, March 15th – 5:30 – 6:30pm

7th Grade

Wednesday, March 1st – 8:30 – 9:30pm
Thursday, March 2nd – 5:30 – 6:30pm
Friday, March 3rd – 7:30 – 8:30pm
Sunday, March 5th – 1:30 – 2:30pm
Tuesday, March 7th – 8:30 – 9:30pm
Sunday, March 12th – 2:30 – 3:30pm

Tuesday, March 14th – 7:00 – 8:00pm
Thursday, March 16th – 7:00 – 8:00pm

8th Grade

Monday, February 27th – 8:00 – 9:00pm
Thursday, March 2nd – 8:30 – 9:30pm
Friday, March 3rd – 8:30 – 9:30pm
Sunday, March 5th – 2:30 – 3:30pm
Thursday, March 9th – 8:00 – 9:00pm
Sunday, March 12th – 3:30 – 4:30pm
Tuesday, March 14th – 8:00 – 9:00pm
Thursday, March 16th – 8:00 – 9:00pm

We hope you found this message to be useful. However, if [REDACTED] rather not receive future e-mails from us, please [click here to unsubscribe](#)