

## **ORGANIC GINGER DRINK**

### **Ingredients:**

- 1L Fiji water
- 8oz Organic Ginger (grated in food processor)
- 1ea Star anise
- 5ea Cardamom
- 10ea Cloves
- 1ea Lemon (juice of)

### **Directions:**

1. Bring water to a boil
2. Add grated ginger, star anise and cardamom
3. Reduce heat and simmer for 20 minutes
4. After 20 minutes reduce heat and add cloves simmer 5 more minutes
5. Remove from heat add lemon juice
6. Strain and cool

To serve: in a shaker of ice-Add a few leaves of chopped mint, ice, 1 packet of Sweet and Low and ginger drink. Shake hard to mix mint and ginger drink.

Serve in a tall glass with ice and a straw

ALWAYS serve with a glass of water on the side