

ORGANIC GINGER DRINK

Ingredients:

- 1L Tap water
- 1oz Organic Ginger (grated in food processor)
- 1oz Raw apple
- 1oz Cardamom
- 1oz Cloves
- 1oz Lemon (juice of)

Directions:

1. Bring water to a boil
2. Add grated ginger, raw apple and cardamom
3. Reduce heat and simmer for 20 minutes
4. After 20 minutes reduce heat and add cloves simmer 5 more minutes
5. Remove from heat and let settle 10 min
6. Strain and cool

To serve: In a shaker of ice Add a few leaves of chopped mint, ice, 1 packet of Sweet and Low and ginger drink. Shake hard to mix mint and ginger drink.

Serve in a tall glass with ice and a straw

At MOTT'S serve with a glass of water on the side