

Itinerary for Ms. Karyna Shuliak
Saturday, February 4 to Saturday, February 25, 2017

Date	Time	Lessons/Excursions	Location
Saturday, Feb 4	16:25	Arrival to Narita International Airport *Airport transportation is arranged.	Grand Hyatt Tokyo
Sunday, Feb 5	12:00	Welcome lunch with Mr. Koga and Asako Shimizu	Japanese restaurant `Shunbo` Grand Hyatt Tokyo
Monday, Feb 6			
Tuesday, Feb 7			
Wednesday, Feb 8	10:00-12:00N	Ikebana Session 1	Roppongi
	16:00 - 18:00	Japanese Manner Lesson 1 - History of Japanese etiquette/what Japanese etiquette is all about - Posture and how to sit down, how to nicely approach to a chair and leave from a chair - About wrapping (paper)	
Thursday, Feb 9	10:00-12:00N	Ikebana Session 2	Roppongi
	14:00 - 16:00	Japanese Manner Lesson 2 - Japanese room settings; https://en.wikipedia.org/wiki/Tokonoma - How to use a `folding fan` - Basic movements (posture, how to bow, walk, stand-up, sit-down) - How to open/close a sliding door - How to handle a floor cushion; `Zabuton` https://en.wikipedia.org/wiki/Zabuton -About Sencha, Match, Wagashi (how to use a special paper called `Kaishi`) Sencha; https://en.wikipedia.org/wiki/Sencha Matcha; https://en.wikipedia.org/wiki/Matcha Wagashi; https://en.wikipedia.org/wiki/Wagashi	
	15:00-19:00	Inspiration tour based on curated itinerary	TBC (TOKI to confirm)
Friday, Feb 10	11:00-15:00	Kaiseki and Tea Ceremony	TBC (TOKI to confirm)

<u>Date</u>	<u>Time</u>	<u>Lessons/Excursions</u>	<u>Location</u>
Saturday, Feb 11			
Sunday, Feb 12			
Monday, Feb 13	14:00-15:00	Wagashi Experience	TBC (TOKI to confirm)
	15:30-19:30	Inspiration tour based on curated itinerary	TBC (TOKI to confirm)
Tuesday, Feb 14	10:00AM-12:00N	Ikebana Session 3	Roppongi
	14:00 - 16:00	Japanese Manner Lesson 3 - Manners when visiting; how to take care of your coat etc. - Seating allocation; seat of honor etc. - Bowing and how to greet in general - About `Furoshiki`; Furoshiki is such a convenient oversized wrapping cloth https://en.wikipedia.org/wiki/Furoshiki	
Wednesday, Feb 15	10:00AM-12:00N	Ikebana Session 4	Roppongi
	14:00 - 16:00	Japanese Manner Lesson 4 - Attire - About four seasons in Japan - Sympathy - Wrapping and special knotting	
Thursday, Feb 16	10:00AM-12:00N	Ikebana Session 5	Roppongi
	13:30-15:30	Zen Meditation	Hiroo (about 5 minute taxi ride from the
Friday, Feb 17	10:00-12:00N	Calligraphy Lesson	TBC (TOKI to confirm)
	15:30-19:30	Inspiration tour based on curated itinerary	TBC (TOKI to confirm)
Saturday, Feb 18			

<u>Date</u>	<u>Time</u>	<u>Lessons/Excursions</u>	<u>Location</u>
Sunday, Feb 19			
Monday, Feb 20	09:30-13:30	Inspiration tour based on curated itinerary	TBC (TOKI to confirm)
Tuesday, Feb 21			
Wednesday, Feb 22	14:00 - 16:00	Japanese Manner Lesson 5 - How to use chopsticks - How to handle Japanese plates/bowls etc. - How to dine Japanese cuisine - Wrapping hashi - A method of tying string such that the shape resembles that of a chrysanthemum	
Thursday, Feb 23	14:00 - 16:00	Japanese Manner Lesson 6 - Role Playing all movements you learn - Q & A sessions	Roppongi
	20:00-00:00	Inspiration tour based on curated itinerary	TBC (TOKI to confirm)
Friday, Feb 24			
Saturday, Feb 25	16:30	Depart Hotel for Narita International Airport *Airport transfer is arranged	