

From: Lyn <[REDACTED]>
To: Karyna Shuliak <[REDACTED]>
Subject: Re: Muffin ingredients
Date: Tue, 23 Jun 2015 12:34:41 +0000

Sorry the one without golden is the right one thats the dark one the other one is golden color 😊

Sent from my iPhone

> On Jun 23, 2015, at 12:18 AM, Karyna Shuliak <[REDACTED]> wrote:
>
> Hi Lyn,
> Thanks for sending all the muffin ingredients to LSJ!
> I have one question: you sent regular and golden flaxseed meal, do we need golden as well?
> I attached a picture below..
>
> <IMG_1868.JPG>
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