

From: [REDACTED] <[REDACTED]>
To: [REDACTED] <[REDACTED]>
Subject: Re:
Date: Thu, 29 Jan 2015 13:24:59 +0000

thank you!

> On Jan 29, 2015, at 09:11, [REDACTED] <[REDACTED]> wrote:

>

> Granola

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> • 3 cups rolled oats

> • 1/4 cup + 2 tbsp dark brown sugar

> • 1/4 cup + 2 tbsp maple syrup

> • 1/4 cup olive oil

> • 3/4-1 teaspoon sea salt

> • Nuts 2 cups (1 cup pecans, 1 cup sliced almonds) raw

> • 1 cup raisins after after granola is cooked

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> Mix all the ingredient except for raisins, lay out on a large baking sheet (put parchment paper on the sheet)

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> Bake at 300 degrees for 45 min or more (until golden brown) stirring after about 20 min.

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> When done, add 1 cup sun-maid raisins and let it cool off.

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