

From: Zorro <zorro.office@gmail.com>

To: Karyna Shuliak <[REDACTED]>

Cc: Ann Rodriguez <annrodriguez@yahoo.com>, [REDACTED] <[REDACTED]>, Lyn Fontanilla <[REDACTED]>

Subject: Re: Muffins recipe changed!

Date: Tue, 02 Aug 2016 14:21:33 +0000

Ok thanks Karyna

Zorro Development Corp
49 Zorro Ranch Rd
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Ranch Manager

Ph: [REDACTED]

> On Aug 2, 2016, at 8:18 AM, Karyna Shuliak <[REDACTED]> wrote:

>

> Hello Ann, Karen and [REDACTED]!

> Please note, that Mr. Epstein's muffin recipe has changed. Please see below and only use the ingredients listed. I will send you a photo of the brands for each ingredients. If you have any questions, please ask Lyn.

> Thank you!

> Karyna.

>

> Ingredients:

>

> For the muffin mix:

> - 4 large eggs

> - 1 cup olive oil

> - 1/2 cup dark brown sugar

> - 7 cups almond flour

> - 4 cups whole milk

> - 4 cups digestive bran

> - 1/2 cup ground flax seed

> - 1/2 cup whole flax seed

> - 5 teaspoons baking soda

> - 1/4 teaspoon salt

> - 1 cup raisins

> - 1 teaspoon vanilla extract

>

> For the topping need equal amounts (Lyn does a handful of each) of:

> -pecans

> -walnuts

> -sliced almonds

> -whole flaxseed

> -flaxseed meal

>

> In addition need some extra flaxseed to put on top before the topping

>