

**From:** "[REDACTED]" <[REDACTED]>  
**To:** Karyna Shuliak <[REDACTED]>  
**Subject:** Re: recettes des muffins pour Monieur Epstein  
**Date:** Wed, 01 Jun 2016 00:27:47 +0000

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Yes of course! Will call him in the morning!

Regarding nuts - he said different nuts that he had at the house, including almonds. Will clarify the quantity tmw.

On Tuesday, May 31, 2016, Karyna Shuliak <[REDACTED]> wrote:

Hi [REDACTED],

Thanks, I just did the translation and have a few questions:

1. Valdson's recipe has 1 handful of dry fruits. Can you ask him what those fruits are?
2. Does he use any nuts? If so, what kind and how much?
3. Does he use a ground flaxseed meal (besides the whole flaxseed that is mentioned in the recipe)?
4. This line does not translates well in google translate, may be you can tell me what this means: huile et remplir [REDACTED] moules a muffins a 2/3 ?

Thank you very much! And hope you guys are having a great time!

On May 31, 2016, at 4:32 PM, [REDACTED] <[REDACTED]> wrote:

Hi Karyna,

Got this from Valdson today. Would you like me to translate it? I will need to use Google translation when I have wifi again. Hopefully Wednesday!

Hope you are having a wonderful birthday!



----- Forwarded message -----

**From:** valdson cotrin <[REDACTED]>  
**Date:** Tuesday, May 31, 2016  
**Subject:** recettes des muffins pour Monieur Epstein  
**To:** [REDACTED] <[REDACTED]>

4oeufs des grande taille  
3/4 de tasse d'huile de olive  
3 tasse de sucre brun en poudre  
4 tasse de digestime brun coarse wheat bran  
4 tasse de lait  
1 cuillère a thé' de vanille liquide liquide  
5 tasse de farine brune whole wheat flour  
1 tasse de amande en poudre  
5 cuillères a the' de bicarbonate ( baking soda )  
1/4 cuillères a the du sel.

