

**From:** Karyna Shuliak <[REDACTED]>  
**To:** Lyn <[REDACTED]>  
**Subject:** Re: Muffin ingredients  
**Date:** Tue, 23 Jun 2015 17:46:36 +0000

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Ok, that's what I thought too. Thank you!

> On Jun 23, 2015, at 8:34 AM, Lyn <[REDACTED]> wrote:

>

> Sorry the one without golden is the right one that's the dark one the other one is golden color 😊

>

> Sent from my iPhone

>

>> On Jun 23, 2015, at 12:18 AM, Karyna Shuliak <[REDACTED]> wrote:

>>

>> Hi Lyn,

>> Thanks for sending all the muffin ingredients to LSJ!

>> I have one question: you sent regular and golden flaxseed meal, do we need golden as well?

>> I attached a picture below..

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>> <IMG\_1868.JPG>

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