

From: [REDACTED] <[REDACTED]>
To: [REDACTED] <[REDACTED]>
Subject: Re: email
Date: Mon, 10 Dec 2012 14:06:56 +0000

Oh my god! I feel like I'm reading an email written by him! Pretty good. Very blunt, but all spot on. I do like the part about being more honest and less manipulative.

On Dec 10, 2012, at 8:34 AM, [REDACTED] <[REDACTED]> wrote:

I want to send this email to J...what do you think? I am not sure about the suggested changes...got a better one?

"You seem to be in a bad mood a lot lately.

Let me guess. Your girlfriend has become inexplicably jealous, she doesn't want you to see some other girl, nothing gets done on time and nobody is working hard enough. You feel taken advantage off. Close enough? I haven't been around for a while, wouldn't it be strange if you had the same problems with different people?

You had me and [REDACTED] traveling with you and 100% devoted to you, now look at the people around you. Those are all your choices. Don't you think that alone should raise a flag about possible lapses in judgement?

You could have such a great, peaceful life if you realized that the problem is not everyone around you, it's actually you. Forgive my blunt honesty, but I suggest you consider making some changes, starting with lightening up a little, going back to being more honest and less manipulative. You have certainly been through a lot in the past years and you have handled the stress amazingly well, but it is understandable that it would catch up to you. You have changed so much! I think it could really be beneficial for you to talk to a professional.

If I am wrong, you can just ignore this email and enjoy your peaceful life. I have no agenda, I just want to help you. No need to respond, just please think about it...