

From: [REDACTED] <[REDACTED]>
To: Karyna Shuliak <[REDACTED]>
Subject: Re: Grocery list
Date: Wed, 01 Feb 2017 12:16:23 +0000

Copy!

Sent from my iPhone

> On Jan 31, 2017, at 5:33 PM, Karyna Shuliak <[REDACTED]> wrote:

>
> Hi Marilyn, Tess and Jojo,
> Please keep track of the following grocery list for the kitchen for now.
> There might be changes, additions with time, but for now these are the basics.
> Thank you.

>
> Beverages:
> -Voss still water in glass bottles
> -Sparkling water (Perrier or San Pellegrino or Canada Dry)
> -Diet coke
> -Regular Coke
> -Schweppes ginger ale
> -Tonic water
> -Cranberry juice
> -Becks beer
> -Organic Whole milk (organic valley brand)
> -Organic fat free milk (organic valley brand)
> -Lactaid fat free milk
> -Pacific soy milk ([REDACTED] will be ordering)
> -Organic Half&Half (organic valley brand)
> -Coffee mate french vanilla
> -Poland spring water tank refills for water cooler

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>
> Dairy & eggs:
> -Kerrygold butter: salted and unsalted
> -Faje yogurt (full fat)
> -BioK strawberry flavor
> -Organic valley italian cheese blend
> -Plain and vegetable cream cheese
> -Parmesan cheese
> -Organic cage free eggs

>
> Other:
> -Smoked scottish salmon from Eli's
> -Shitake mushrooms, sliced

>
> Herbs:
> -Dill
> -Mint
> -Basil

- >
- > Fruit& vegetable:
- > -lemons
- > -tomatoes (heirloom when available)
- > -avocadoes
- > -fresh organic berries: strawberry, blueberry, raspberry
- > -variety of seasonal fruits, good quality, ripe.
- >
- > Bread:
- > -Eli's health loaf
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