

# Audrey Hepburn beauty tips

The following was written by Audrey Hepburn, who was asked to share beauty tips.



1.  
For attractive lips, speak  
words  
of kindness.

2.  
For lovely eyes, seek out  
the good in people.





3.  
For a slim figure, share  
your food  
with the hungry.

4.

For beautiful hair, let a  
child run his or her  
fingers through it once  
a day.





5.  
For poise, walk with the  
knowledge that  
you never walk alone.

6.

People, even more than things, have to be restored, revived, reclaimed and redeemed; never throw out anyone.





7.

Remember, if you ever need a helping hand, you'll find them at the end of each of your arms. As you grow older, you will discover that you have two hands, one for helping yourself, the other for helping others.

8.

The beauty of a woman is not in the clothes she wears, the figure that she carries, or the way she combs her hair. The beauty of a woman must be seen from in her eyes, because that is the doorway to her heart, the place where love resides.





9.

The beauty of a woman is not in a facial mode, but the true beauty in a woman is reflected in her soul. It is the caring that she lovingly gives, the passion that she shows.

10.  
The beauty of a woman  
grows with the  
passing years.





Please send this to five  
phenomenal women  
today. If you do,  
something good will  
happen

... that is, you will boost  
another woman's self  
esteem.