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Persons scheduled for skin testing should not take antihistamines or medications containing them for at least 3 but preferably 5 days before being tested. Antihistamines are often found in cold or allergy medicines. You may continue to take decongestants, mucus thinners and most nasal sprays.

YOU MUST CONTINUE TO TAKE ASTHMA MEDICATIONS AND DRUGS FOR ALL OTHER MEDICAL CONDITIONS.

Some of the available antihistamines are listed below.

Store brands are not listed so check the ingredients or ask your pharmacist.

ACTIFED	DRISTAN
ALLEGRA	FEXOFENADINE
ALLEGRA-D	HYDROXYZINE
ALLERX	LORATIDINE
ATARAX	NOLAMINE
ATROHIST	OPTIMINE
ASTELIN	PATANASE
ASTEPRO	PBZ
AZATIDINE	PERIACTIN
BENADRYL	PHENERGAN
BROMPHED	PROMETHAZINE
BROMPHENIRAMINE	RONDEC
CARBINOXAMINE	SEMPREX-D
CETRIZINE	TAVIST
CHLORPHENIRAMINE	TAVIST-D
CHLORTRIMETON	TELDRIN
CLARINEX	TRINALIN
CLARINEX-D	TRIPLENNAMINE
CLEMASTINE	TRIPROLIDINE
COTYLENOL	TYLENOL PM
CYPROHEPATIDINE	UNIDECON
DESLOLATIDINE	VISTARIL
DIMETANE	XYZAL
DIMETAPP	ZYRTEC
DIPHENHYDRAMINE	ZYRTEC-D