

From: Peter Attia <[REDACTED]>
To: jeffrey E. <jeevacation@gmail.com>
Subject: RE: What are G5's going for these days?
Date: Mon, 11 Jul 2016 02:26:58 +0000

If the Medrol worked as well you said, it points to a "nerve-based" pain vs. vascular.
In this case, Neurontin can be helpful.
At one point I was on 4,000 mg/day for my injury. Of course, at that dose I was really tired.
But if 300 mg three times day could improve symptoms without making you drowsy that would be good to know.
If it doesn't help and/or make you too tired, just stop it.

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com]
Sent: Sunday, July 10, 2016 7:24 PM
To: Peter Attia
Subject: Re: What are G5's going for these days?

do you think i should try

On Sun, Jul 10, 2016 at 9:57 PM, Peter Attia <[REDACTED]> wrote:
It might be one of the least toxic drugs out there, but at high doses (>3,000 mg) it can make you tired.

Peter Attia, M.D. | Attia Medical, PC

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From: jeffrey E. [mailto:jeevacation@gmail.com]
Sent: Sunday, July 10, 2016 6:35 PM
To: Peter Attia
Subject: Re: What are G5's going for these days?

it looks like a million side effects . and diminished mental acuity, my favorite. , views?

On Sun, Jul 10, 2016 at 9:33 PM, Peter Attia <[REDACTED]> wrote:
What is your concern with neurontin?

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On Jul 10, 2016, at 6:19 PM, jeffrey E. <jeevacation@gmail.com> wrote:

I had my bloods redone. everything better. but after the medrol. feel brain fog and fatigue. / ? the shot lady said no for the back. she suggested neurontin. not something i am likely to do after reading.

On Sun, Jul 10, 2016 at 9:12 PM, Peter Attia <[REDACTED]> wrote:
Besides that.

Peter Attia, M.D. | Attia Medical, PC

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On Jul 10, 2016, at 6:07 PM, jeffrey E. <jeevacation@gmail.com> wrote:

guess

On Sun, Jul 10, 2016 at 9:06 PM, Peter Attia <[REDACTED]> wrote:
What do you when you're there?

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On Jul 10, 2016, at 6:05 PM, jeffrey E. <jeevacation@gmail.com> wrote:

pbeach

On Sun, Jul 10, 2016 at 9:02 PM, Peter Attia <[REDACTED]> wrote:
Are you on island?

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On Jul 10, 2016, at 6:02 PM, jeffrey E. <jeevacation@gmail.com> wrote:

10k

On Sun, Jul 10, 2016 at 8:47 PM, Peter Attia <[REDACTED]> wrote:
Opex is prices in dollars per hour? If so how much per hour fully loaded?

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On Jul 10, 2016, at 5:42 PM, jeffrey E. <jeevacation@gmail.com> wrote:

<http://www.controller.com/listings/aircraft/for-sale/list/category/3/jet-aircraft/manufacture/gulfstream/model/v>

sales 10m

On Sun, Jul 10, 2016 at 8:40 PM, Peter Attia <[REDACTED]> wrote:
With 8-10000 hours.

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